



A Communicator
for the Roman Catholic
Archdiocese of Kingston

Journey

Summer 2015

Archdiocese of Kingston

Volume XXVIII Number 2



Photo by Fred Happy

Father James Quirk, front left, and Archbishop Brendan O'Brien, front centre, with Archdiocesan clergy and Knights of Columbus outside St. Mary's Cathedral following Fr. Quirk's ordination to the priesthood on April 18. See stories on pages 3 and 8.

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Summer 2015



Archbishop Brendan O'Brien

The Pope on Ecology

The long anticipated Encyclical of Pope Francis on Ecology was made public on June 18. Its Latin title, *Laudato si* (Praise be to you), is taken from an invocation of St. Francis of Assisi in the Canticum of the Creatures: "Praise be to you, my Lord." Its subtitle, "the Care of our Common Home," emphasizes the Pope's desire not only to remind Christians of their responsibility within creation, but to enter into dialogue with all people concerning our common home.

While there is certainly concern about the damage being done to our environment, the Encyclical also has a note of hope and confidence that humanity has the ability to work together in building our common home. The Pope says that, although there is no lack of positive examples, there is "complacency and a cheerful recklessness" (59) and an unwillingness to change lifestyle, production, and consumption.

In some quarters, the Pope has been accused of meddling in matters that are beyond the Church's competence. Pope Francis addresses this issue head on when he says:

"There are certain environmental issues where it is not easy to achieve a broad consensus. Here I would state once more that the Church does not presume to settle scientific questions or to replace politics. But I am concerned to en-

courage an honest and open debate so that particular interests or ideologies will not prejudice the common good." (188)

The Encyclical comprises 192 pages and is organized in six chapters:

1. What is Happening to our Common Home
2. The Gospel of Creation
3. The Human Roots of the Ecological Crisis
4. Integral Ecology
5. Lines of Approach and Action
6. Ecological Education and Spirituality

An examination of some passages from Chapter Four on "Integral Ecology" helps us to see that Pope Francis is looking at things in a much broader context than simply proposing technical solutions to environmental problems:

"Ecology studies the relationship between living organisms and the environment in which they develop. This necessarily entails reflection and debate about the conditions required for the life and survival of society, and the honesty needed to question certain models of development, production and consumption. It cannot be emphasized enough how everything is interconnected." (138)

For the Holy Father, the human, the social, and the environmental

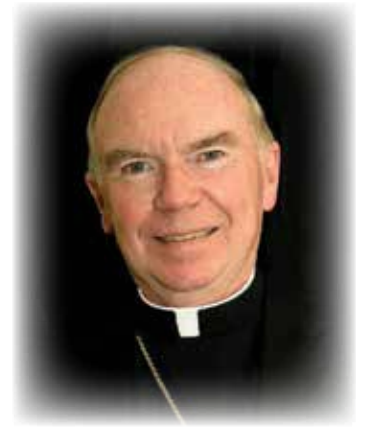
are interconnected:

"It is essential to seek comprehensive solutions which consider the interactions within natural systems themselves and with social systems. We are faced not with two separate crises, one environmental and the other social, but rather with one complex crisis which is both social and environmental." (139)

This means that we must ask some very basic questions:

"What kind of world do we want to leave to those who come after us, to children who are now growing up? This question not only concerns the environment in isolation; the issue cannot be approached piecemeal. When we ask ourselves what kind of world we want to leave behind, we think in the first place of its general direction, its meaning and its values. Unless we struggle with these deeper issues, I do not believe that our concern for ecology will produce significant results." (160)

In issuing this Encyclical, Pope Francis is inviting all of us to an ecological conversion where we will come to see environmental stewardship as a moral duty. *Laudato si* is a way of stimulating such a change in attitude from which practical measures and policies can be developed. For Pope Francis, this means seeing care for our common home as part of our following of



Christ.

"The ecological crisis is also a summons to profound interior conversion. It must be said that some committed and prayerful Christians, with the excuse of realism and pragmatism, tend to ridicule expressions of concern for the environment. Others are passive; they choose not to change their habits and thus become inconsistent. So what they all need is an "ecological conversion," whereby the effects of their encounter with Jesus Christ become evident in their relationship with the world around them. Living our vocation to be protectors of God's handiwork is essential to a life of virtue; it is not an optional or a secondary aspect of our Christian experience." (217)

+ Brendan M. O'Brien
Archbishop of Kingston

Be Kind to Mother Earth

This is a particularly exciting issue of *Journey*, closely following the release of Pope Francis' Encyclical on Ecology, which has many implications for the planet upon which we live. It is also the first issue to feature the new column from the Justice and Peace Commission.

As for ecology, I never get into climate change arguments. Both sides have dug in their heels and function like some fundamentalist creed. There is climate change. The climate has always been changing. All it takes is one massive volcanic eruption to change the Earth's climate for centuries. The point of whether humans have increased (or decreased or neutralized—there are arguments from all sides) the amount of climate change is, to me, irrelevant.

I much prefer the approach of Bjorn Lomborg, author of *The*

Skeptical Environmentalist, who argues that "many of the elaborate and expensive actions now being considered to stop global warming will cost hundreds of billions of dollars, are often based on emotional rather than strictly scientific assumptions, and may very well have little impact on the world's temperature for hundreds of years."

The more fundamental issue is whether we are harming our Creator's gift that is our environment. Anyone with a moral conscience does not litter. We don't throw toxic industrial or personal waste into our air, rivers, lakes and oceans if we want a future. We don't strip the Earth of trees if we want oxygen to breathe. The climate change debate is a red herring that has long since been kidnapped by corporate interests that would call cyanide organic if they thought it would increase "green" sales. And, truth-

fully, uranium and lead are natural ingredients. The words "natural" and "green" are meaningless tools used in marketing ploys.

The newest foolish corporate fad is the concept of carbon credits to deal with our "carbon footprint." I can basically sin all I want as long as I follow prescribed game rules, or make the right payment. No wonder Pope Francis criticizes the concept of carbon credits. It's a sham system that's ripe for manipulation and fraud.

Our decision-making measurement tools should not revolve around climate change. That concept is now controlled, not by a moral conscience, but by political, bureaucratic and corporate interests. Instead, asking ourselves a simple question should guide our decisions: "Does this harm our environment?" One wouldn't ask whether to run a car engine indoors.

Carbon monoxide would quickly take its toll. Why should we even ask whether issues like excessive consumption of oil and the spewing of toxic waste, pesticides, and herbicides are morally responsible acts?

It is time to relate to the planet in the First Nations' manner of seeing our earthly home as our symbolic Mother Earth. How would you treat your own mother? Would you use her mercilessly for profit? Would you have her carry your garbage until she is so overburdened that she collapses? We take our Mother Earth for granted—a dangerous step.

We can call for all the political action we want, but we cannot avoid individual responsibility. Instead of complaining about the state of the world, take positive action. Lead by action. Make a difference.

— Mark Bergin, Editor



Journey

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Submission Guidelines

Original and previously unpublished articles should be e-mailed as **unformatted** Word ".doc" attachments with **no embedded photos or graphics**.

Photos should be e-mailed in ".jpg" format in a size of at least .5 Mb. (No family birth, anniversary or death announcements)

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Ordination to the Ministerial Priesthood

On April 18, Archbishop Brendan O'Brien ordained a new priest for the Archdiocese of Kingston, Father James Quirk. Father James was previously an Anglican priest, and we wanted to know more of the story behind his ordination. Mariola Gozdek, of the Archdiocesan Liturgy Commission, interviewed Father James. Journey is grateful to him for sharing his life story with Journey.

Mariola Gozdek (MG): Father James, please tell us a little bit about yourself? Did you grow up in the Anglican Church in England? What about your parents and siblings?

Father James Quirk (JQ): I was actually brought up as a Baptist on the Isle of Man, UK, where I was born, and I didn't become an Anglican until I went to the University of Durham to read archaeology. I had very little experience of Anglicanism before then, but my college was a Church of England foundation, and it stood just outside the Cathedral close. I remember beginning to attend choral Evensong at the Cathedral and being entranced by the music; in a sense, I was converted to Anglicanism by the beauty of its worship of God. St Basil the Great, in his Hexameron, articulates what moved me then, and motivates me still, when he wrote, "from the beauty of the visible things let us form an idea of Him who is more than beautiful." My parents made a similar journey

she grew up in northwest Ontario. We met when we were both members of L'Arche Greater Vancouver in the late 1990s. I had originally intended to leave Vancouver after a year, working my way home, before taking up a place in a theological college in the

of England in the seventeenth and eighteenth centuries. In particular, I am interested in a group of Anglican bishops and lower clergy known as the Nonjurors who, following the Glorious Revolution, refused to take the oath of allegiance to William and

like Hans Urs von Balthasar, Joseph Ratzinger and Louis Bouyer. Bouyer's The Spirit and Forms of Protestantism was particularly important in its appreciation for Protestantism's principles and its argument that these can only be properly realized within the Catholic Church. Finally, the election to the papacy of Joseph Ratzinger was something that I greeted with joy and made it easier to consider becoming Catholic. In a sense, our reception into the Church lagged far behind the mental shift that had taken place many years previously, and it was love for the people of my parish and the best of Anglicanism, coupled with a concern over how we would support ourselves, that made it hard to become Catholic.

MG: Your ordination Mass at St. Mary's Cathedral was attended by so many clergy and lay people from our Archdiocese. How were you, as a married priest, received by your new brother priests and lay people?

JQ: Marnie and I have greatly appreciated all the support that Archbishop O'Brien, St John's Parish, and the Franciscan Friars have offered us over the years. We are particularly grateful for all the prayers offered on our behalf during this process. I have also been very fortunate to have re-



Photo by Fred Happy

Newly Ordained Fr. James Quirk surrounded by his family

UK. Vancouver ended up being the first and last stop on my trip around the world. This August we will have been married sixteen years. We have five children, the oldest of whom is thirteen and the youngest of whom turned one in February. It was lovely that my children were so involved in the ordination, reading, singing the Gospel Acclamation, and bringing forward the gifts.

MG: You were ordained a priest in the Anglican Church. What communities did you work with?

JQ: I served my curacy at the Cathedral of St Michael and All Angels in Kelowna, the see city for the Diocese of Kootenay. Following this, I transferred to the Diocese of Quebec and had the care of the "three-point parish" of North Hatley, Waterville, and Eustis in the Eastern Townships of Quebec. Each of these communities was quite different from one another: North Hatley was a fairly well-heeled village that had a small population through the winter but more than doubled in size through the summer months; the families of Waterville were factory workers and farmers, while Eustis had been a min-

ing community many decades ago but now had only a few people left. Each had its own challenges and needs, but I enjoyed getting to know the people of the parish and becoming a part of each community.

MG: You are working on your PhD in History at Queen's University. What part of history are you focusing on?

JQ: Yes, I left parish ministry in the Anglican Church to become a graduate student at Queen's. I had decided to pursue my interest in ecclesiastical history, particularly that of the Church

Mary. This refusal led to their being deposed and deprived of their sees or livings by an Act of Parliament, and the legitimacy of this parliamentary intervention in the life of the Church of England led to a vigorous debate about the relationship between church and state. The Nonjurors, who included in their number many of the more able churchmen, defended the church's independence and had the better arguments but still lost the debate. Church and state had previously been seen as independent but complementary, overlapping aspects of the Christian nation, but such an understanding was rendered obsolete by the actions of a crown and parliament that would acknowledge no rival sources of authority.

MG: Given your continuing work in Anglican church history, what or who prompted you to become Catholic? Tell us about your journey to the Catholic Church? Did your family become Catholic with you?

JQ: To answer your last question first, Marnie and I discussed becoming Catholic together, and we were received into the Catholic Church as a family. My personal journey to the Catholic Church began, in a sense, while I was at Durham: the beauty that I saw in Anglican worship was most apparent in its more catholic moments. I attended an Anglo-Catholic parish and I identified myself with the catholic "wing" of the Church of England. The Tractarians, who included among their number Blessed John Henry Newman, and their predecessors and successors, were the Anglican theologians whom I read, but I always read them alongside Catholic theologians



Photo by Fred Happy

Archbishop Brendan O'Brien at the Ordination of James Quirk

ceived a great deal of support and instruction from Monsignor Lynch, Fr. John Hibbard, and Fr. John Brennan. I have also appreciated the kind welcome that I have been given by many within the priestly community of the Archdiocese. I am looking forward to getting to know them better and being able to give them my support in the future.

MG: On behalf of the Liturgical Commission, we thank you, Father James, and wish you all God's blessings as you serve the Archdiocese of Kingston. Looking forward to working with you, we offer you our prayers and support.



Photo by Fred Happy

Fr. James Quirk embraces his father while distributing Communion at his Ordination Mass.

towards Anglicanism, and my father is a lay reader in the Church of England. My brother and sister and their families have, however, remained Evangelical Christians. In addition to this, my wife's family is Anglican, and my mother-in-law is an Anglican priest. Our experience of family life is marked by the challenges of ecumenism.

MG: You have a young family. What can you tell us about your wife and children?

JQ: My wife's name is Marnie and

Around the Archdiocese

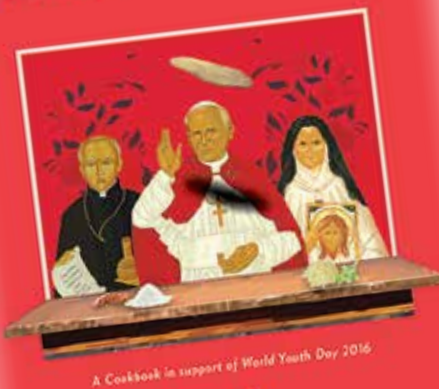


Photos courtesy of Nadia Gundert

Above, some of the pilgrims attending next year's World Youth Day in Krakow, Poland join the Polish Apostolate on the Feast of Corpus Christi to participate in Mass and the annual feast procession. Below, the Polish Apostolate celebrates the Feast of Corpus Christi with its annual procession.



Archdiocese of Kingston COOKING WITH THE SAINTS



Above, a Cooking with the Saints cookbook is now available for purchase. Sales will help support pilgrims to World Youth Day 2016. Contact the Youth Office at youth@romancatholic.kingston.on.ca for your copy.



Above, Archbishop Brendan O'Brien presents a certificate of appreciation to Guy Legros, who is retiring from the Finance Committee of the Archdiocese of Kingston after 31 years of service. Guy was the guest of honour at a luncheon in Kingston on June 18. He was first appointed to the Finance Committee in October of 1984.

Below, on June 12 and 13, the Sisters of Providence of St. Vincent de Paul celebrated the Jubilees of a number of their Sisters who are marking 50 and 60 years in the congregation. Back row from left, Sisters Barbara Thiffault, Avita Kilar, Patricia Amyot, Rose Marie Bokenfohr and Joey Doiron. Seated, from left, are Sisters Dianne McNamara, Sheila Langton and Alma Sutton. Missing is Sister Mary Rosaria who celebrated her 70th jubilee on June 3.



Photo by Louise Slobodian



Photo by Nadia Gundert

St. Paul the Apostle EDGE Youth Ministry Program had a Bring Your Mom to Edge Night on May 11 to celebrate Mother's Day. They played moms versus kids Pictionary, made rosaries, and took part in other fun activities to honour mom.



Photo by Mark Bergin

Students, parents and staff from St. John XXIII Catholic School in Kingston line Mona Drive with a human wall to help a mother duck and 14 ducklings safely make their way from the school to a pond near Collins Bay. Each year, a duck nests in the school's enclosed courtyard. Soon after the eggs hatch, the ducks have to be guided through the school and along the streets to nearby water.

Planning for the future in word and deed

By Louise Slobodian

The Motherhouse of the Sisters of Providence of St. Vincent de Paul in Kingston, Ontario sits on 30 acres of land in the middle of town. To give its historic significance, it's at the corner of the main thoroughfare, Princess Street, and a street named after Canada's first Prime Minister, Sir John A. MacDonald. In fact, Sir John A. rented a home on the property at one time, when it was called Heathfield.

The Sisters of Providence have been on the land since 1932, when they moved from their founding Motherhouse. The Congregation was in a time of growth and built a larger novitiate to train women interested in becoming Sisters. The Motherhouse has had several additions over the years.

Early days of the Congregation saw the establishment of many ministries across Canada, including education, social services, music, and health care. Growth must have seemed unending. But as we all know, society changed. Women took up new roles. At least in North America, religion and religious life moved onto the sidelines and, eventually, into decline.

But the Sisters know that their way of life is authentic. They know that their mission is important; it serves as the glue that holds the women of

the Congregation together. The Sisters are putting plans in place that take their spirituality, mission and charism into the future.

So imagine the joy for the Sisters of Providence to come out of their Chapter, the decision-making meetings they hold every four years, with plans that move forward. The remaining 68 Sisters' plans bring them back to their beginnings and create a vision. They believe that Providence is with them.

Making a Statement

At their April Chapter meetings, the Sisters endorsed three statements that will direct their future. Their vision is short and to the point: A world where the vulnerable experience compassion, justice, and peace.

Their new mission statement expands that by identifying the Sisters as "channels of God's Providence." It continues: Rooted in the mission of Jesus, we empower the vulnerable through compassionate service, advocacy, and networking. Sharing our spiritual, human, and financial resources, we promote justice and peace for all creation.

Finally, the directional statement of the next four years is more concrete. It accepts the Sisters' situation with joy as they embrace their present reality from a con-



Photo by Louise Slobodian

At their April Chapter, the Sisters of Providence chose a new leadership team that was installed into office on June 14. From left, General Superior Sister Sandra Shannon, with councillors Sister Frances O'Brien, Sister Gayle Desarmia and Sister Diane Brennen.

plative stance. It entrusts the development of a long-range plan to their leadership team, and it offers full support to the Providence Associates, now 30 years old, who are determining their own future.

The three-point statement is the mandate of the leadership team that was installed on June 14 at the Motherhouse.

Sister Sandra Shannon remains the General Superior, a position she has held for the past four years. Also remaining in office are councillors Sister Frances O'Brien and Sister Gayle Desarmia. Joining them, newly returned from Edmonton, is Sister Diane Brennen.

Making the vision real

Soon after their Chapter, the Sisters announced the concept of Providence Village. It would transform the 30 acres and the buildings of the Motherhouse into a hub of services that meet local community needs.

The full plan envisions many forms of housing, and resources for the elderly and the challenged—a host of possibilities. The centerpiece is to give a new home to Providence Manor, Providence Care's provincially-funded long-term care home. The facility was founded by the Sisters. The ties are strong. Providence Manor needs a

new site in the next 10 years, and this plan looks hopeful.

A feasibility study to be conducted over the next six months will indicate whether this plan can go forward and how it might be achieved.

There are many players to bring to the table, and, no doubt, there will be questions to answer. But the possibilities are great and the excitement of the Sisters is tangible. This is their mission come full circle. This is a living legacy, one of many.

Louise Slobodian is the Director of Communications with the Sisters of Providence of St. Vincent de Paul

Launching the Year of Consecrated Life

By Sister Marilyn Larocque, R.H.S.J.

For where your treasure is, there your heart will be also.
— Matthew 6:21

Our vocational call is to respond to and follow God's invitation and leadership on our unique journey in our Church and world. It may be the priesthood, diaconate, religious life, religious associates, married or single life. All vocations reveal and share God's love to each person and situation.

As we launched the Year of Consecrated Life, Pope Francis' invitation and call were not to just observe life but to wake up the world with dawning joy.

As consecrated religious, how shall we share our charisms and gifts of dawning joy to be the love of Christ in our world today?

Here are a couple of meaningful events that have taken place in our

Archdiocese.

Ann Boniferno, co-ordinator of religious and family life education for the Algonquin and Lakeshore Catholic District School Board, invited members of religious communities in the Archdiocese of Kingston to present workshops to students on consecrated life.

Catholic Women's League members throughout the Archdiocese have chosen to pray for each individual consecrated religious. They have made a beautiful card with a special prayer that they say daily. All of the sisters' names and the day that they are prayed for are listed in the card. The prayer is in the inset at the right.

We are grateful for these meaningful ways of celebrating the Year of Consecrated Life.

We look forward to continuing to share with you our focus on The Year of Consecrated Life.

For more on the Year of Consecrated Life, see story on page 12.

Prayer for the Year of Consecrated Life

Loving Father, during this Year of Consecrated Life, we give you thanks for these courageous witnesses of faith, and models of inspiration.

Help them to live the Gospel with joy, courage and vision to serve your people. Send your Holy Spirit to bless them with renewed energy and faithfulness. Continue to bless the Church by calling forth sons and daughters who will respond generously to your call. Through the intercession of Our Lady of Good Counsel, may she guide them daily to be bearers of Christ's light.

We ask this through our Lord and Saviour, Jesus Christ, who lives and reigns with you in the unity of the Holy Spirit, for ever and ever.

Amen



Nadia Gundert
Youth Ministry

“Blessed are the pure in heart, for they shall see God.” (Matthew 5:8)

What an exciting spring it has been! Confirmation retreats continued after Easter. We celebrated Catholic Education Week and the Week for Life and the Family, and participated in the March for Life in Ottawa on May 14.

Members of trueLight Youth Ministry from St. John the Baptist Parish (pictured below), Perth, attended the March as well as the Youth Conference

in Krakow, Poland, through the Archdiocesan Youth Office. We have been busy working on various projects to help us grow as a team, get to know one another, and fundraise for the pilgrimage.

Thanks to the positive response to our request for recipes, we have put together a cookbook, which is just off the press and ready for sale across our Archdiocese. It is called *Cooking With*

the Saints. In this gem of a book you will find delicious recipes for appetizers, main dishes, soups & salads, sides, desserts, breakfasts, and baked goods. It includes various cultural recipes and information about saints, especially some patron saints of cooking and baking. We highlight some Polish and Canadian saints, and include details about our pilgrimage to Poland.

The cookbook will be on sale for the next year through the Youth Office. Another fundraising initiative that pilgrims worked on was the World Youth Day Polish Dinner & Dance held at Our Lady of Lourdes Parish Hall on June 6. It was an evening celebrating Polish culture where guests could learn more about World Youth Day. Stay tuned for the next edition of Journey which will have details and pictures of that wonderful evening.

We will be hosting an event on the evening of Saturday, October 17 in Kingston featuring Catholic comedian Judy McDonald and Christian music artist Chris Bray. This event will be a faith formation event for our pilgrims as we prepare for World Youth Day. We invite adults to join us for praise and worship, a comedic and faith-filled keynote, and a concert. Details will go out to parishes this fall and will be available on the Archdiocesan website.

Over the next year I would like to share with you some of our pilgrims' thoughts on why they want to attend World Youth Day and what their hopes are for the experience.

Jessica Serran from St. Paul the Apostle Parish in Kingston says: “I want to go to World Youth Day to build on my faith and further develop my personal relationship with Jesus. I’m excited to be blessed with the opportunity and the freedom to share my faith and love for God with other young adults from all over the world. I’m most looking forward to experiencing the power of the Holy Spirit among us.”

Mark Dumbrique from St. Mary’s Cathedral in Kingston says: “Kraków will be my first World Youth Day, and what a city to experience it in! While it will be beautiful to visit many holy sites around Poland, especially those connected to Pope Saint John Paul II’s life, I am most looking forward to encountering countless Catholic youth and, in spending time with them, witnessing the providential ways God will work in their hearts through these days.”

Catherine Helferty from St. Mary’s Cathedral in Kingston says: “I attended World Youth Day in Madrid in 2011. I witnessed the universality of the Church and heard Pope Emeritus Benedict speak about our faith. After growing from that experience, I look forward to hearing Pope Francis speak in Poland about God’s mercy. I particularly look forward to our group’s tour of the Convent of the Sisters of Mercy, where St. Faustina Kowalska lived.”

UPCOMING EVENTS

- August 7–9 — Steubenville Toronto Youth Conference
- October 17 — Event featuring comedian Judy McDonald and concert with Chris Bray Band
- October 17 — Shine Like the Son Youth Conference at Holy Cross Catholic Secondary School in Kingston;
- November 28 — Forming Intentional Disciples Workshop at Providence Spirituality Centre.



held the following day.

At our spring Youth Ministry Commission meeting, planning began for our autumn Shine Like the Son Youth Conference. We are excited to announce that, on Saturday, October 17, we will be hosting an awesome day for youth (Confirmation age–18 years) at Holy Cross Catholic Secondary School in Kingston. The theme will be Fearless. Judy McDonald, a Catholic comedian and speaker, will offer the keynote address for the event and will comically share with us how youth can be fearless in exploring and living their faith.

As usual, we will have awesome breakout sessions, activities, small group discussions, Eucharistic Adoration, Mass with Archbishop O’Brien, great food, and praise and worship music with Chris Bray and his band. Please encourage your children, grandchildren, students, and other young people in this age group to join us and experience a fun and exciting faith-filled day. Details and registration are available online at www.shineliketheson.com.

On Saturday, November 28, Deacon Mark Cesnik is coming from the St. Catherine of Siena Institute to present a workshop on Forming Intentional Disciples, based on Sherry Weddell’s book of the same name. This is going to be a dynamic day that will help deepen our discipleship and teach us how to share the faith with others in the pew, with our families, and in our workplaces. Registration is open for this event, and spots are going quickly. If you are interested in joining us, please contact the Youth Office at youth@romancatholic.kingston.on.ca to register (see poster at right for details).

Thirty pilgrims will be attending World Youth Day next summer in Kra-

low, Poland, through the Archdiocesan Youth Office. We have been busy working on various projects to help us grow as a team, get to know one another, and fundraise for the pilgrimage.

Thanks to the positive response to our request for recipes, we have put together a cookbook, which is just off the press and ready for sale across our Archdiocese. It is called *Cooking With*

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“Forming Intentional Disciples” Workshop



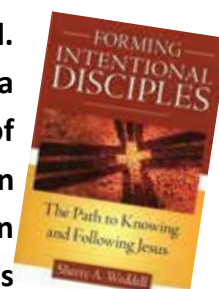
Sat. November 28, 2015; 9am—4pm

Providence Spirituality Centre

\$30 registration fee

(includes workshop materials & lunch)

This workshop is based on the best-selling book by Sherry Weddell. Facilitated by Deacon Mark Cesnik, a member of Sherry’s “St. Catherine of Sienna Institute”. An interactive day on how we can awaken our personal faith in Christ and become intentional disciples that effectively evangelize others.



To register contact Nadia Gundert at

youth@romancatholic.kingston.on.ca or call 613-484-2446

Catholic student speaks at Brain Injury Canada conference

Catholic District School Board of Eastern Ontario

Aidan Harps, a grade 6 student at Mother Teresa Catholic School in the Catholic District School Board of Eastern Ontario, is not your average 11 year old boy. While he plays football, hockey, and a myriad of other sports, Aidan is driven by his genuine concern for those around him, particularly Justin McKenna, a former student of St. Thomas Aquinas Catholic High School in Russell.

In 2007, just one week before his graduation, Justin was hit by a car while riding his four-wheeler. He was left in a coma for three months — with a significant brain injury. Since the accident, Justin has relearned how to walk, remember, and do things that many take for granted.

Three years ago, to benefit Justin, whose heroic struggle has been an inspiration, Aidan, then age nine, started an annual ice fishing family fun day in Russell, Ontario. The event featured games, hot chocolate, and a silent auction. In two years, the event has raised \$4,500. More importantly, Aidan has helped to educate his peer group about concussions and brain injuries.

As fate would have it, shortly after the first event, Aidan suffered a serious concussion, and Justin was there every step of the way offering support and prayers. At age 11, Aidan has been the recipient of several awards, including a CDSBEO Bravo Breakfast Award, and multiple Christian Leadership Awards. On April 14, he travelled with his father, Jason Harps, to the Brain Injury Canada Semi-Annual Conference in Halifax to share their story of transformation after their experience with Justin.

The CDSBEO has recently developed a new policy on concussion awareness, prevention, and management, and Aidan's initiatives enhance the extensive mental health programs currently offered to staff and students of the Board.

"We are so proud of what Aidan has been doing to support Justin, and the wider message of positive mental health that his initiatives reinforce," said Wm. J. Gartland, Director of Education. "Promoting awareness around concussion and brain injury is so important for prevention, and we certainly support everything that Aidan has done and is doing. Justin's story is one of hope, and courage, and Aidan's work certainly deserves our attention."



The Arts in the Archdiocese



St. John XXIII Catholic School in Kingston presented Princess Whatsername. At left, Hailey Scrutton as Queen of the North and Angelica Purdy as Princess Whatsername. At right, Hayden Gaudet and Aunna Polywkan at Good Fairies.

Princess Whatsername Photos by Mark Bergin



At right, Our Lady of Lourdes Catholic School in Kingston presented Alice in Wonderland Jr. This year's play was like no other play we have done before. For the first time, actors used microphones and a CD for music. This was both fun and stressful at the same time. The play showcased the singing, dancing, and acting talent of 70 students.



Submitted photo

Above, Making a Positive Difference has been the theme guiding St. Paul Catholic School this year. The musical Twinderella provided Kindergarten to Grade 8 students with the opportunity to share their talents with others. Decorations, set construction, and set design involved many helping hands, including those of Fr. Francis Zambon. Schools, guests, and parents extended many thanks in letters, emails and notes to all who helped make Twinderella a great event.



Submitted photo

Is your school or parish hosting an arts or cultural event? Let us know in advance, or e-mail stories and high-quality photos to the editor at markbergin@mail.com



The ordination of married former Anglican priests to the ministerial priesthood

Father John Hibbard

The Liturgical Commission

In the Latin Rite of the Roman Catholic Church, celibacy is one of the requirements for ordination. Celibacy is a powerful sign of the presence of the Kingdom of God and is a radical witness to Christ in the world. However, as Pope Paul VI stated, celibacy is not required by the nature of the priesthood itself. This is clear from the practice of the early Church and the tradition of Eastern Rite Churches. Today, Eastern Rite priests (such as some Ukrainian priests) who marry before ordination serve throughout Canada, especially in the Western provinces.

After the Second World War, Pope Pius XII granted special permission for a group of married Lutheran clergy to be ordained to the Catholic priesthood.

Pope Paul VI gave permission for married Protestant clergy who desired Full Communion to be ordained to the Catholic priesthood.

In 1980, Pope St. John Paul II allowed exceptions from the requirement of celibacy for married Episcopal and Anglican priests who had entered into Full Communion with the Catholic Church and who requested and were accepted to exercise ministry as Catholic priests in the Latin Rite. Since then, the Holy See has considered requests from former clergy of other

denominations.

In 2009, Pope Benedict established a special structure for Anglicans (both clergy and laity) who desire Full Communion with the Roman Catholic Church while preserving aspects of their Anglican spiritual and liturgical heritage.

The ordination of a married man remains an exception and one that is granted only in specific cases involving men who had already been called to ministry in another Christian denomination and later came into Full Communion in the Catholic Church. After evaluation and studies in Catholic theology, the diocesan bishop presents the case to the Congregation for the Doctrine of the Faith with a petition for a dispensation from the impediment of marriage. The actual dispensation can only be granted by the Pope.

Several restrictions are placed on a married priest: if widowed, he is not permitted to marry again; although he may serve in a parish, he may not be named a pastor; and, in keeping with the tradition of the Church in both West and East, he may not be ordained a bishop.

Father James Quirk is the third married, former Anglican to be ordained a Catholic Priest in the Archdiocese of Kingston.



Photo by Fred Happy

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“If you want peace, work for justice”

— Pope Paul VI

Bronek Korczynski
Justice and Peace Commission

If you want peace, work for justice.
— Pope Paul VI

Many would agree that this well-known quote from Pope Paul VI expresses the very core of the Church's social teachings. It certainly lies at the heart of the work of the joint Justice and Peace Commission of the Roman Catholic Archdiocese of Kingston and the Anglican Diocese of Ontario.

This column begins what will be a regular feature in *Journey*, providing parishioners across the Archdiocese of Kingston regular updates on the activities of the Commission and beyond. But first, some background....

Building on the many years of inspired service by the Diocesan Mission Council, the first incarnation of the Commission came with the approval of Archbishop Francis Spence in 1987, with the inaugural meeting convening that November. After several years of cooperating with members of the Anglican Diocese of Ontario, this working relationship between the two faith communities became formalized in 2003 when Bishop George Bruce of the Anglican Diocese of Ontario, agreed to become an ex officio member of the Commission. Full recognition of the relationship of the two faiths on the Commission was confirmed in 2005 when Archbishop Anthony Meagher, Catholic Archdiocese of Kingston, and Bishop Bruce, Anglican Diocese of Ontario, accepted the Mission Statement of the Justice & Peace Commission (see insert).

Over these years, the Commission has organized its work under several guiding categories:

- to understand and apply Christian Social Teaching;
- to advocate for the vulnerable in society: locally, provincially, globally;
- to make public statements on behalf of the Dioceses; and
- to support like-minded groups seeking social justice.

Among the ongoing initiatives of the Commission are to be found its promotion in parishes and schools of the work of the Canadian Catholic Organization for Development and Peace, local poverty and environmental movements, prison ministries, as well as responding to government initiatives at all levels.

Most recently, the Commission has actively participated in the Kingston Roundtable on Poverty Reduction, the closing of the federal prison farms, education and activism with regard to human trafficking, support for the basic income guarantee initiative, as well as promoting the work of PeaceQuest.

The Commission annually invites the public to participate in workshops covering topics from the relationship between our faith and environmental issues, to understanding more deeply the Church's promotion of the Common Good.

As well, the Archdiocesan Youth Ministry program has benefitted from the involvement of the Commission at its annual youth conference, as has the Archdiocesan twinning program between our Archdiocese and the Archdiocese of Kingston, Jamaica.

Networking with other justice and peace groups also remains a priority, including with the local Kingston Faith & Justice Coalition, the Office of Justice & Peace & Integrity of Creation of the Sisters of Providence, as well as the justice committees of the two Catholic school boards within the Archdiocese of Kingston. The Commission also meets annually with members of the Social Affairs Commission of the Assembly of Catholic Bishops of Ontario. This has shown itself to be an important two-way communication tool which has facilitated the Commission's understanding of the priorities of the Ontario Catholic Bishops and conveyed to ACBO the concerns of Catholics at the local level.

As broad as the work and accomplishments of the Commission may seem, these always are limited by the energy and good will of its members. Over the years, efforts to establish formal contacts with each parish community have met with limited success, but remain a priority of the Commission. In the end, we recognize that all Christians are called through our baptism to share in the work of justice and peace.

The Commission meets regularly on the second Tuesday of each month at 7 pm at the Pastoral Centre in Kingston. If you are interested in the work of the Commission, either at the level of your parish and/or the Archdiocese and beyond, please consider becoming an active member.

You may contact the Commission in writing through the Pastoral Centre (390 Palace Road, Kingston, Ontario, Canada, K7L 4T3) or by email at justiceandpeacekingston@gmail.com

For more information on the Commission, visit www.romancatholic.kingston.on.ca (click Diocesan Offices, then Justice and Peace in the scroll down menu) or our Facebook page at <https://www.facebook.com/justiceandpeacecommission>.

We, the Justice and Peace Commission of the Roman Catholic Archdiocese of Kingston and the Anglican Diocese of Ontario, united by the Holy Spirit in our common commitment to the social imperatives of the Gospel, promote the understanding and practice of Christian social teaching, as we work and pray for the coming of the Kingdom.

Women's Fall Retreat

By Beverly Illauq

Celebrating its 6th Anniversary, the annual Women's Fall Retreat will again be held at Glen House Resort on the St. Lawrence River near Gananoque, from Friday, September 18 to Sunday, September 20.

A group of Northern Deanery women, headed by Sandy Laneville, of St. Mary Parish, Chesterville, and Margie Ann McKinnon, our Archdiocesan Religious Education Director, from St. Francis de Sales Parish in Smiths Falls, has prepared a prayerful teaching retreat. Women of all ages, all walks of life, and at all stages of their spiritual journey are invited to gather for prayer and praise, rest and reflection, challenges and chuckles.

Past retreat participants have reported that walking along the Thousand Islands Parkway, swimming in the Glen House pool, enjoying the spa and exercise facilities, and taking meals in the resort dining room are a welcome change from their busy lives at home.

This September, the keynote speaker will be Carmen Marcoux, a Catholic laywoman, who will focus on the theme, *Why Am I So Favoured?*

Carmen and her family are actively involved in Our Lady of Lourdes Parish in Saskatoon. She and her husband work full-time promoting purity and faithfulness to the teachings of our Catholic faith. Carmen is the Program Director of Pure Witness Ministries, and she has published two Catholic novels, *Arms of Love* and *Surrender*. She encourages young people and families to fully live their calling to be pure witnesses for Christ and His Church in the world.

The Women's Fall Retreat Committee has lined up a wonderful music program, including entertainment by Bella Boealis, a women's quartet from Kemptville, and the sale of Christian books and religious items by Under His Grace bookstore from Cornwall. Retreat participants will have the opportunity to celebrate the sacraments of Reconciliation and Holy Eucharist and to spend quiet reflection time in a prayer room on site.



Submitted Photo

Women's Fall Retreat team members and participants at Glen House Resort in 2014.



Sister Lucy Kearney, SP
Office of Family Ministry

***“I am with you always,
to the end of the age.”
(Mt 28:18–20)***

And Jesus came and said to them, “All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them everything that I have commanded you. And remember I am with you always, to the end of the age.” Mt 28:18–20

In this Gospel for Trinity Sunday, we hear the mission of the Church as it was entrusted to the apostles. What does this mean for us? As is evident, our religious faith is not limited to reciting religious prayers and trying to avoid sin. As the Church, that is, God’s people in the midst of society, we are missioned to do our part to bring about a society based on Gospel values. In other words, nothing that happens within society can be isolated from our religious faith. Carroll Stuhlmuel, C.P., commenting on this reading, states, “The Mystery of the Trinity af-

fects our day-to-day activity: it is not confined to theological manuals.”

He goes on to say, “While the gospel is ending, the disciples are only beginning their world mission in the name of the three persons of the Holy Trinity.” (Biblical Meditations for Ordinary Time - Weeks 1-9)

How do we carry out this world mission in the name of the three persons of the Blessed Trinity? For many, it is living out the vocation of marriage and parenthood. We are told that society’s most basic and important institution is the family. Parents have the awesome responsibility of assisting their children to become self-reliant, responsible, loving, and forgiving individuals who are prepared for the positive and negative realities of today’s society. No small challenge! Family is still the place where we learn unconditional love and acceptance. Where else can we continue to make mistakes and still be forgiven and accepted? Is it not a

reality that each day parents and other family members have many opportunities to offer hope and life in the challenges and struggles of day-to-day events? Regardless of the age of the children, by taking time to answer questions, encouraging them to share, to be honest, and to co-operate in work, games and sports, and teaching the importance of forgiveness, steps of carrying out the mission handed down to the apostles and to us are initiated.

Let us not overlook the importance of prayer, of building a relationship with God. Through the co-operation of home, school, and parish, the values alluded to above are strengthened. Participation at Mass and a few minutes of quiet time for daily prayer are a must for people of all ages. (This spiritual aspect needs to be a theme for another article).

With the distribution of this edition of Journey, we will be in the midst of summer. The longer daylight hours,

the bright sunny days, the grandeur of luxurious flowers and vegetation, and the sounds of summer remind us to appreciate the marvels of creation. Adults and children alike will benefit not only from the healing of the sun, the warm breezes, and laps in the lake or pool, but from short periods of quiet time to think, listen, and relax. The cost will be minimal, but the reward of becoming refreshed spiritually, emotionally, and physically will be great, enabling all to better carry out the mission of love to which we are called as family.

I leave you with this Prayer for Vacationers (Adapted from *A Book of Blessings*, CCCB)

Creator God, we thank you for the beauty of this world and for calling us to be your people. May the days of vacation be a time of refreshment, joy and rest. May we be open to your grace to serve you each day and to grow in your love. Amen.

The Role of the Whole Parish in Preparing Children and Adults to Celebrate Baptism, Confirmation, and Eucharist

Friday September 18 - Saturday September 19, 2015

**Manresa Jesuit Spiritual Renewal Centre
2325 Liverpool Road, Pickering, ON**

***Sponsored by the
Christian Initiation Committee, Ontario Liturgical Conference
A Consultative Body of the Assembly of Catholic Bishops of Ontario***

The task of preparing children and adults to celebrate initiation is one of the joys and responsibilities of all the baptized. Each parish, regardless of its size or the number of candidates preparing to celebrate a sacrament of initiation, is able to assist the baptized community in fulfilling its primary role.

This conference will explore the role of the parish Sunday assembly, the sponsor, godparent, and the parish leaders in preparing others to celebrate the Church’s rites of Christian initiation.

The conference will be of particular interest to:

- Pastors, Deacons, Lay Pastoral Staff
- Parishioners responsible for preparing others to celebrate Baptism, Confirmation, and First Eucharist.
- Parish Initiation Team (RCIA) Members
- Parishioners serving as sponsors / godparents.
- School Personnel involved in immediate preparation for the sacraments of Confirmation, and First Eucharist.

Cost:

Option A: \$110.00 (Conference / accommodation on Friday, Supper on Friday, Breakfast and Lunch on Saturday, and Friday night reception).
Add \$10.00 if registering after August 1, 2015.

Option B: \$50.00 (Conference / Friday night reception and Saturday Lunch).
Add \$10.00 if registering after August 1, 2015.

Who are we?

The Ontario Liturgical Conference is a consultative body to the Assembly of Catholic Bishops of Ontario in liturgical matters. The Christian Initiation Committee supports the OLC in matters pertaining to the implementation of the Rite of Christian Initiation of Adults and other issues of Christian Initiation in Ontario, Canada. One of the primary goals of the Christian Initiation Committee is to promote the vision of the Rite of Christian Initiation of Adults as it applies to adults, children of catechetical age, and those baptized in infancy.

To register or for more information, please contact olcacia@gmail.com or visit our blog at: olcinitiation.blogspot.ca

Women of Grace Study at St. Laurence O'Toole Parish in Spencerville

By Angelika Brown

Nine women, together with their facilitator, met at two- to three-week intervals in a total of nine sessions throughout the late fall and winter as part of the Women of Grace study group.

In the words of one of the participants, "God worked beautifully to bring us all together."

Each evening featured Mass, opening and closing prayer, and two hours of discovery using the Johnnette Benkovic text, workbook, and DVD, *Full of Grace: Women and the Abundant Life*.

In her book and the DVD series, Benkovic engages the participants in an enticing manner, incorporating the Word of God, the Catechism of the Church, the lives of women saints, and various encyclicals. She poignantly shares many of her personal experiences, which helps to enlighten participants.

Delving into this study enriched the spiritual life of each woman as she learned about the exemplar of our Blessed

Mother Mary in fulfilling the role God has for each of us. Based on a variety of reflections and discussion prompts, our evenings were rich in learning, discussion, sharing, self-discovery, and witness. This richness was evident in the participants' responses to the study at its conclusion:

"*Women of Grace* teaches all the many jewels of our faith."

"Their (the participants') sharing, their listening and their discreteness was truly a testimony to the work God is doing in our little parish."

"The *Women of Grace* study emphasizes the privilege and the joy of being a woman and the graces we receive from God to carry out the mission He has for women. My life has been greatly enriched by this study."

"The structure of the course provided a framework for organizing my thoughts and beliefs, which elicited greater

insights and a deepening of faith."

"I learned so much and am so grateful to be part of such an inspiring group."

A number of the women plan to join together in initi-

ating a prayer/share group or a spiritual reading book club. Some hope to participate in the monthly Women of Grace gatherings in Brockville to view and discuss an episode of the DVD from its online li-

brary.

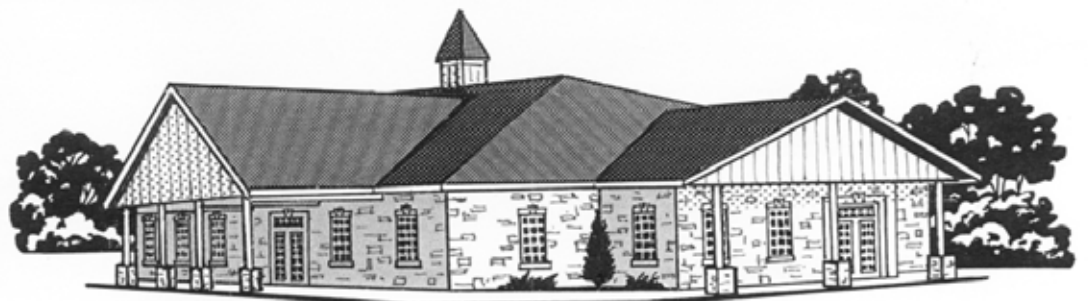
Plans are underway to offer the Women of Grace Study at St. Mark Parish in Prescott during the upcoming autumn season.

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Spreading the Gospel on campus

By Dan Freeman

Almost every Catholic family has seen a young person reject the faith into which he or she was baptized. Why do so many young people stop practising their Catholic faith when they leave home?

There are so many messages competing for the attention of our nation's youth, and often the message of the Christian Gospel is drowned out by the noise.

Catholic Christian Outreach

Catholic Christian Outreach (CCO) exists to address this problem. Our full-time missionaries are present where they are most needed—on the campuses of Canada's secular universities.

The mission of Catholic Christian Outreach is to be present on university campuses across Canada, seeking out Catholic students, and providing them with the support they need to be confident disciples of the Lord Jesus. Moreover, we equip them with the skills and attitudes they need to be effective evangelists among their peers. We hope to make a significant contribution to the next generation by forming a deep faith in God within its future doctors, lawyers, teachers, and parents. We know that our Catholic faith provides the sure foundation on which society must be built. As a national movement, CCO is courageously building that foundation across Canada.

Since the fall of 2007, CCO has played an important role in the Newman House Catholic Chaplaincy at Queen's University in Kingston. In

eight years, we have challenged hundreds of students to commit to living lives of Christian discipleship in the fullness of the Catholic faith. Every year, we see young people embrace the faith they were taught as children. But we're not only here for Catholic students. During this past year alone, CCO missionaries helped prepare four young people for baptism. We are truly seeing a spring time in the Church.

CCO Mission

While we are helping to introduce young people to the love of Jesus, we are also teaching them to be serious about mission. Over the years, our campus mission at Queen's has inspired 10 students to become full-time missionaries with CCO, some for a couple of years, some for the long haul. Other young people from the Archdiocese meet CCO on other university campuses. One of these young people, Joseph Murphy of St. Peter's Parish in Trenton, has now embraced the call to work full time

with CCO following his graduation from the University of Ottawa.

Funding

People often ask how we are funded as an organization. The answer is simple: through the generosity of thousands of people across the country who contribute to our work from their personal finances. Through various fundraising initiatives (including our annual St. John Fisher Dinner), CCO missionaries are able to support themselves and their families, and to finance the cost of our campus program of evangelization and leadership formation. Perhaps you have heard one of our missionaries making an appeal

in your local parish. Since our founding in Saskatchewan in 1988, this form of partnership has sustained us for over 25 years, and it has allowed us to continue to expand our mission to other campuses throughout Canada. To all of you, who currently support CCO in this way, thank you for your generous contribution to this important work of the Holy Spirit in our midst. If you are not currently supporting CCO, please consider contacting us today to find out more about how you can be part of this exciting mission at Queen's University. Contact Dan Freeman, Campus Team Leader, at 613.217.2819 or by email at dan.freeman@cco.ca.



Submitted Photo

From left, Jessica Liu, Nick Anderson, Daniel Cumming, Jude Thusiar, Ewelina Williamson, Allison Campbell of Campus Christian Outreach.

Celebrating the Year of Consecrated Life

By Ann Boniferno

Catholic education was built on the vision, generosity, and dedication of the founding religious communities, which selflessly served Catholic students for many decades. The ministries and works of sisters and brothers in consecrated life have left a lasting legacy in our schools and hospitals; however, few young people today have had the opportunity to meet a religious sister or brother.

In celebration of the Year of Consecrated Life, members of religious communities in the Archdiocese of Kingston presented workshops to students who attended the Junior Faith Leadership Conferences this past April. The conferences gathered rep-

resentatives from Grades 4, 5 and 6 in each of the elementary schools of the Algonquin and Lakeshore Catholic District School Board for a day of prayer, religious learning, and fun. At St. Paul Catholic Secondary School in Trenton, Sr. Lucy Kearney, SP, Sr. Barbara Thiffault, SP, and Friar Ed Debono, OFM Conv., shared stories of their youth and their personal calls to religious life, with participants from schools in the western region of the Board, in a workshop entitled Wake Up the World. Sr. Theresa Shannon, RHSJ, Sr. Rosemary Shannon, CND, and Sr. Peggy Malcolm, SC, attended the conference at Holy Cross Catholic Secondary School to share with participants from the Kingston area. At both events,

students responded with thoughtful and sometimes amusing questions.

Each of the Junior Faith Leadership conferences began with a Celebration of Eucharist, with Fr. Tim Harrison presiding in Trenton, and Fr. Leo Byrne in Kingston. Teams of students used their knowledge of the Easter season to play a game of Resurrection Jeopardy. A workshop on music and liturgy, led by Regiopolis-Notre Dame Catholic High School students and their teacher, Mrs. Justine Lord, had everyone joyfully singing praise to God. Sessions on religious education curriculum and Christian meditation with children were provided for staff who accompanied the students.

In his Apostolic Letter, To All Consecrated People, Pope Francis declared the aims of the Year of Consecrated Life: to look to the past with gratitude; to live the present with passion; and to embrace the future with hope. The Algonquin and Lakeshore Catholic District School Board is grateful to the members of the Archdiocesan Joint Vocations Committee for supporting this initiative and, in particular, for the passion and witness of those who presented at the 2015 Junior Faith Leadership Conferences.

Ann Boniferno is the Co-ordinator of Religious & Family Life Education with the Algonquin & Lakeshore Catholic District School Board.



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Deacon Bill Gervais
Office of the Permanent Diaconate



As we enter the summer season, our liturgies shift from celebrating several great feasts of the Church—Trinity, Body and Blood of Christ, Sacred Heart of Jesus, Birth of John the Baptist, and the feasts of St. Peter and Paul—to recalling the work and service of many saintly men and women, in particular those who served as deacons: St. Ephrem (June 9) and St. Lawrence (August 10).

When this edition of Journey is published, the Church will have just completed celebrating some special liturgical feast days. These days are very significant for our faith. The Trinity reveals the inner life of God; the Body and Blood of Christ calls us to ponder and appreciate the new covenant God established with humanity when he shed his blood on the cross; the Sacred Heart of Jesus reminds us of God's love for us; St. John the Baptist and later the feast of St. Peter and Paul remind us of our baptismal vocation and how we are called to serve God.

As I reflected on these mysteries and the great saints who have inspired us, I was reminded of a letter Cardinal Hummes wrote to the deacons of the world in 2009. In this letter, he drew on the witness of the sainted deacons through the millennia, such as

Stephen, Lawrence, Ephrem, and Francis, and he explained how the efficacy of the ministry of deacons is always connected with their priests and in union with their bishop. Drawing on the three-fold ministry of the deacon, he highlighted the connection the deacon has with his priest and bishop by emphasizing the deacons' ministry of Word and Charity; he explained that it is through these two ministries that the deacon's service at the altar is expressed and connects him to both the priest and his bishop.

Cardinal Hummes pointed out that, since these two ministries—Word and Charity—entrusted to deacons are essential, deacons need to continually keep their intellectual, theological, and pastoral formation up to date. He stressed the need for deacons to know Scripture and to practise lectio divina. He added: "To know revelation, to adhere unconditionally to Jesus Christ as a fascinated and enamored disciple, to base oneself always upon Jesus Christ and to be with him in our mission, this is then what awaits a permanent deacon, decisively and without any reservation. From a good disciple a good missionary is born."

In the concluding paragraphs of his letter, he wrote about the deacon's ministry of charity, exemplified

by St. Lawrence, which is at the root of the diaconate in the early Church. He said: "We must love the poor in a preferential way, as did Jesus Christ; to be united with them, to work towards constructing a just, fraternal and peaceful society. He then added: "I cannot understand a deacon who is not personally involved in charity and solidarity toward the poor, who again today are multiplying in number."

Today, there are some 35,000 permanent deacons worldwide, a number that has grown from only 309 in 1970. The majority of these are working in North America, which claims some 47.3%, while 32.3% serve in Europe. In the Archdiocese of Kingston, there are twenty seven deacons, with nineteen in active service. In addition, we have five men with their spouses contemplating through our Archdiocesan Inquiry Period of study prior to formal formation. Please keep them in your prayers.

If you feel called to serve God and the Church by following in the footsteps of Christ the servant, please contact Deacon Bill Gervais, Director of the Office of the Permanent Diaconate, 390 Palace Rd. Kingston, K7L 4T3, 548-4461; cell phone 532-4539; email bgervais@sympatico.ca.

Reclaiming the sacredness of our sexuality

Jocelyne Kilpatrick

In light of Pope Francis' Synod on the Family, consider that there will be no renewal of the Church and the world without a renewal of marriage and the family. Christopher West argues further that there will be no renewal of marriage and the family without returning to the full truth of our sexuality.

And further still: we need a new way of showing the modern world how the Christian ethic is a message of freedom that speaks to the desires of our hearts.

In this manner, West argues for the enormous revolutionary role of St. John Paul II's Theology of the Body.

On March 20–21, Life and Hope Centre, a new lay ministry starting in Kingston, hosted a conference on West's introduction to the late pope's massive theological work. The conference followed a series of eight short DVD presentations by West, and paused between each session for small group discussion.

Most people attending had never heard of Christopher West or of the Theology of the Body, but all left feeling grateful for the gift of John Paul II's message: "These are things I thought and felt but never had the words to put to," one attendee remarked.

West separates John Paul II's text into bite-size

pieces, and follows three major themes: God's original plan for the body, the effects of sin and the redemption of the body, and the resurrection of the body. Its major themes are: sexual ethics, marriage, and celibacy.

While perhaps personally challenging, the Theology of the Body is ultimately a message of hope. We have sinned through the body, but it is also through the body that we are redeemed. That Jesus Christ became a man is a mystery that we could spend a lifetime contemplating.

West particularly enjoys this quote from the Catechism: "The flesh is the hinge of salvation. We believe in God who is creator of the flesh; we believe in the Word made flesh in order to redeem the flesh; we believe in the resurrection of the flesh, the fulfillment of both the creation and the redemption of the flesh." (1015)

Celibacy was a hot topic in the small group discussions. While marriage may seem to be the more

pertinent subject, the Pope and West argue that sexuality relates to everyone's vocation. Furthermore, understanding our sexuality leads us to the heart of knowing why the Church takes a strong stance on issues such as abortion, homosexuality, pornography, and female priests.

George Weigel writes: "[Theology of the Body] is a kind of theological time bomb set to go off with dramatic consequences, sometime in the third millennium of the Church." When it begins to take shape, "it will compel a dramatic development of thinking about virtually every major theme in the Creed."

Anyone interested in learning more about Theology of the Body in Kingston is invited to visit Caitlin Fitzpatrick's blog at tobkingston.blogspot.ca

You can also email Caitlin directly: cjfitzpatrick@outlook.com

For books and resources on this subject, visit theologyofthebody.com.

ONE DAY CONFERENCE

Healing the Church Addressing the clergy sexual abuse crisis

Keynote Speaker: Sr. Nuala Kenny, M.D.

**Hosted by the Sisters of Providence at Providence Centre
1200 Princess Street, Kingston, Ontario
on September 12, 2015 9:00am-4:30pm**

Thank you for the wonderful response to this conference. We are already near capacity but have expanded our registration to accommodate 225 people. If you are interested in joining us, please act quickly. To register call 613-542-8826.

For further details visit www.providence.ca/healingthechurch



Photo by Fred Happy

“Come away, and rest for a while.” *Mark 6:31*

Margie Ann McKinnon
Office of Religious Education



These words are an invitation to take leisure time to enjoy family, friends, and hobbies. The magnificent colours that come with summer renew our energy. The joy of planting seeds and watching them grow helps us to appreciate the marvels of creation. As we enjoy vacation time, may we grow in our awareness that the Lord is with us.

Changes in Educational Programs and Resources

A new religion program, Growing in Faith, Growing in Christ, is being published by Pearson Canada for Grades 1–8. It is based on the Ontario Catholic Education Curriculum Policy Document and will have digital and print components to support students in learning religious education concepts. The Catholic school boards in our Archdiocese are planning to implement it in the fall.

Faculties of Education are changing from a one-year to a two-year program. Queen’s University has decided to offer successive terms starting in May and ending in August the following year. Other faculties

will offer their program during fall and winter semesters over two full years. Queen’s graduates will have a Bachelor of Education degree and be able to teach one year earlier than other university grads.

The two religion courses that have been offered at Queen’s Faculty of Education will be combined into one course. Students will receive a half-credit for the course, which will be offered on one evening a week from September to April. There will be a variety of presenters.

Parts 1, 2, and 3 of the OECTA and OCSTA additional qualifications courses in religion were designed by Bronek Korczynski, and Queen’s is providing them online. These were previously offered in a classroom setting.

The revised Health and Physical Education Curriculum 2015 will be implemented in September. It covers many of the topics that have been taught in Catholic schools in the Fully Alive program since 1988. The Institute of Catholic Education (ICE) will

design the curriculum for use in Catholic Schools.

Pastoral Care Suggestions for Parishes

Are there people in your parish who are homebound or in a nursing home and who would appreciate having someone visit them and bring them Holy Communion? Often, a pastoral care team is created in response to a need. In my parish in Smiths Falls, Sister Marlene, SP, was a pastoral assistant and visited about 100 people a month. When she was on sick leave, our pastor, Father Amato, put a notice in the bulletin saying that he needed 10 volunteers to visit people who were homebound. Thirty people volunteered, so he asked me to help train them. Thirteen years later, we still have 16 pastoral care visitors who visit about 60 people monthly. We have a series of six 30-minute training videos that teach basic pastoral care skills. If you would like to develop a pastoral care team for your parish, give me a call at 613-548-4461.

Catholic Women’s League Convention

By Maureen Laurin

More than 300 members of the Catholic Women’s League gathered at their 93rd Diocesan Convention in May at the Ambassador Hotel and Conference Centre in Kingston. The weekend commenced with Mass, celebrated by Father Brian McNally, Diocesan Spiritual Advisor.

Barbara Dowding, National President, brought greetings and discussed the new League theme, One Heart, One Voice, One Mission, based on the visitation of Mary to her cousin Elizabeth. Mary expresses justice and tenderness to Elizabeth, while Elizabeth greets Mary with wonder, joy, and gratitude. Anne Madden, 1st Vice President of the Provincial Council brought greetings from the provincial level, asking for Our Lady Of Good Council to watch over us at this Convention.

The poignant crowning of Mary ceremony and the presentation of Bible, candles, and flowers by National, Provincial and Diocesan executives gave us an opportunity to reflect on Our Mother Mary.

Our keynote speaker, Michael Way Skinner, gave a humorous yet supportive talk on So Help Me God—Being a Catholic Family in Trying Times. We must counter consumerism and individualism. “The Church is not a museum of saints, but a hospital of sinners,” he said. There are three sources

of Catholic life: scripture; traditions, teaching, and prayer; and the living faith community.

Twelve members of The Catholic Girls’ League from the Parish of Read attended the convention on Saturday. The charity they support is the paediatrics wing of Belleville General Hospital.

The Saturday afternoon prayer service involved readings and reflections on the twelve stars in Mary’s crown, which represent compassion, purity, mercy, patience, love, charity, obedience, strength, humility, trust, devotion, and faithfulness.

Doug and Jennifer Leahy and The Next Generation Leahy provided entertainment for an enthusiastic audience on Saturday evening.

Sunday began with recitation of the Living Rosary for Peace. Emphasis was placed on Pope Francis’ call for peace in the world and on St. Francis’ prayer, Make Me a Channel of Your Peace.

The mental health presentation on de-

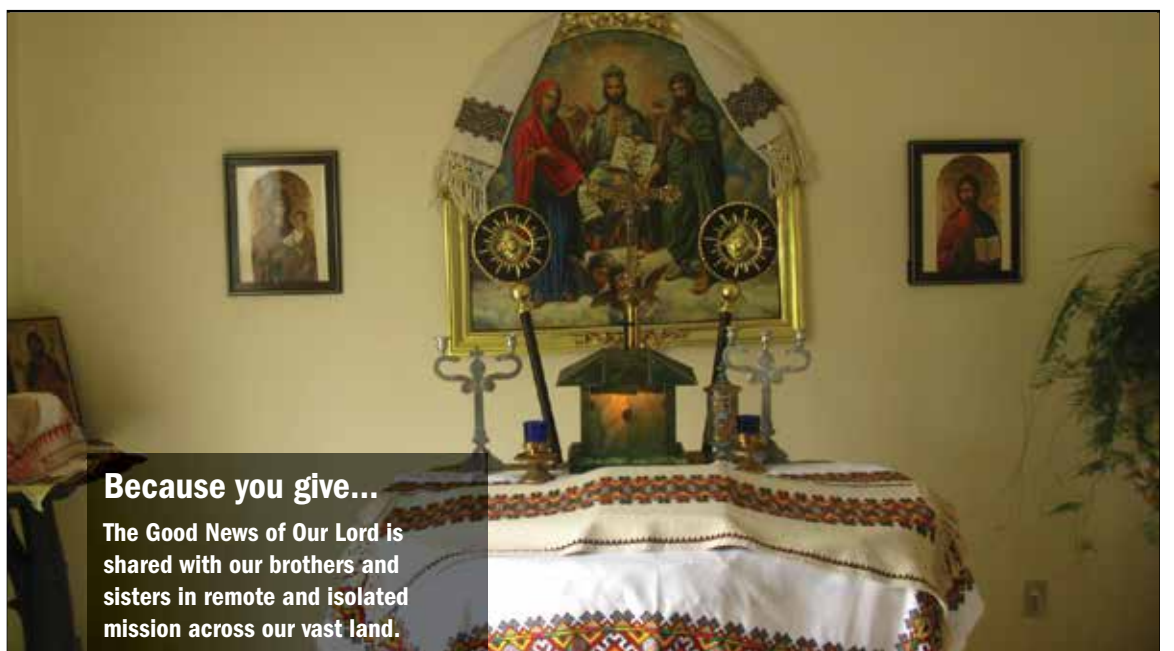
mentia and Alzheimer’s provided insight into these diseases. Candice McMullen and Debra Steele discussed warning signs: memory loss; difficulty performing familiar tasks; problems with language; disorientation in time and place; impaired judgement; and problems with abstract thought. Assistance is available through Community Care Access Centres, day programs, and Home Care programs.

Members of the Catholic Girl’s League from Prescott attended our Sunday session. This group was founded in

2006 and holds two monthly meetings, focusing on prayer, service, and crafts.

During the The election of officers for the years 2015–2017, Margie Ryle, of Queen of the Most Holy Rosary in Belleville, became our new President.

Closing Mass and the installation of the new executive was held at St. Mary’s Cathedral on Sunday afternoon. A banquet, followed by the entertaining Clerical Crew, brought another successful and spiritually uplifting weekend to a close.



Because you give...

The Good News of Our Lord is shared with our brothers and sisters in remote and isolated mission across our vast land.

“The effect of righteousness will be peace, and the result of righteousness, quietness and trust forever.” —Isaiah 32:17

Your support will help keep small churches open in underserved mission dioceses. Above, altar in the Bishop’s chapel, Eparchy of New Westminster, British Columbia.

PLEASE GIVE GENEROUSLY TO SUPPORT THE MINISTRIES OF CATHOLIC MISSIONS IN CANADA.

Here is my gift of: ☐ \$20 ☐ \$50 ☐ \$100 ☐ \$200 ☐ \$_____

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Photo by Fred Happy



Novenas

MAY THE SACRED HEART OF JESUS be adored, glorified, loved and preserved throughout the world now and forever. O Sacred Heart of Jesus, pray for us. St. Jude, worker of miracles, pray for us. St. Jude, helper of the helpless, pray for us. Thank you to St. Jude for favours granted. Say this prayer nine times a day for nine days. – J.P.

PRAYER TO THE HOLY SPIRIT Holy Spirit, you who make me see everything and who show me the way to reach my ideals; you who give me the divine gift to forgive and forget all that is done to me; and you who are with me in all instances of my life; I want to thank you for everything and confirm once more that I never want to be separated from you. No matter how great the material desires may be, I want to be with you and my loved ones in eternal glory. Say this prayer three consecutive days. – M.M.

O HOLY ST. JUDE, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depth of my heart, and I humbly beg you, to whom God has given such great power, to come to my assistance. Help me in my present urgent petition. Say three Our Fathers, three Hail Marys and three Glory Be's. St. Jude pray for us and all who invoke your aid. Amen. This Novena must be said for nine consecutive days. B.M.M.

THANK YOU to St. Jude for favours received. – A.E.

PRAYER TO THE HOLY SPIRIT Holy Spirit, you who make me see everything and who show me the way to reach my ideals; you who give me the divine gift to forgive and forget all that is done to me; and you who

are with me in all instances of my life; I want to thank you for everything and confirm once more that I never want to be separated from you. No matter how great the material desires may be, I want to be with you and my loved ones in eternal glory. Say this prayer three consecutive days. – M.M.

PRAYER TO THE BLESSED VIRGIN MARY O most beautiful flower of Mount Carmel, Fruitful Vine, Splendour of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. O Star of the Sea, help me and show me herein you are my mother. O Holy Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in my necessity. There are none that can withstand your power. O Mary, conceived without sin, pray for us who have recourse to thee (three times). Holy Mary, I place this prayer in your hands (three times). Say this prayer for three consecutive days. – J.K.

The cost of placing prayers and thanksgivings in this section is \$0.10 per word, with a minimum charge of \$5.00. Please make cheques or money orders payable to Archdiocese of Kingston. Send your request to: Archdiocese of Kingston, Attn: Journey, 390 Palace Road, Kingston, Ontario, K7L 4T3. The Advisory Board reserves the right to refuse submissions that are not in keeping with Catholic teaching or tradition to refuse submissions that are not in keeping with Catholic teaching or tradition.

NO "PROMISE TO PUBLISH" OR "PRAYERS WILL BE ANSWERED" OR REQUESTING THAT JESUS OR GOD "PRAY FOR US."

Providence Spirituality Centre

www.spiritualitycentre.ca

WE INVITE YOU TO JOIN ONE OR MORE OF OUR RETREATS & WORKSHOPS

Fall Seniors Christian Spirituality Series "Experiencing Celtic Christian Spirituality"

Thu Oct 1 + Oct 15, 9:45 AM – 1 PM

(includes lunch)

\$20/session

Register 2 weeks in advance for meal count.
Senior or not — if you'd like to come, you're welcome!

Dolores Hall

Come and experience some of the Celtic tradition of Christian Spirituality, as we meander through some of the stories and writings from the famed Carmina Gadelica collection. Be sure to bring along your sense of humour!

Overnight Retreat: "Living with a Grateful Heart: A Thanksgiving Retreat"

Fri Oct 9, 4 PM – Sat, Oct 10, 4 PM

Register by Fri Sep 25 *\$75

Deacon Bill Gervais

Deacon Bill Gervais is a diocesan deacon serving as a Pastoral Minister at Blessed Sacrament Parish in Amherstview. The aim of this overnight retreat offered on the eve of Thanksgiving is that you will come away with a joyful heart, ready to grow closer to God and eager to celebrate all His abundant gifts. Through prayerful reflection, meditation and dialogue, participants will be invited to adopt a spirituality of gratitude which leads to an awareness that grace abounds everywhere, even in the midst of our personal hurdles.

October Directed Retreat

Wed Oct 21, 4 PM – Wed Oct 28, 1 PM

Register by Wed Oct 7 ** \$495 or \$75/day

Fr. J. Roy Boucher, OMI, & PSC Team

We share in the mission of the Sisters of Providence of St. Vincent de Paul

All retreats are offered in an environment of silence

A *\$25 or **\$35 non-refundable deposit
must accompany your request.

Spirituality Series: "Matters of the Heart"

Mon Nov 2, 9 & 16, 6:30–8:30 PM

Register by Mon Oct 19 \$25/series

Dolores Hall

Take a reflective pause from life's busyness, and come into some nurturing quiet as we "wonder" over some of the best spiritual writings of our Christian tradition, both ancient and modern. We'll take time to be and time to share as we treasure the seasons of their hearts and of our own, all the while learning more about the ways of loving Spirit.

"Prayshop": "Belonging To The Universe: An Exploration of Ecological Spirituality and The New Cosmology"

Thu Nov 5, 7 PM – Sat, Nov 7, 4 PM

Register by Fri Sep 25 *\$75

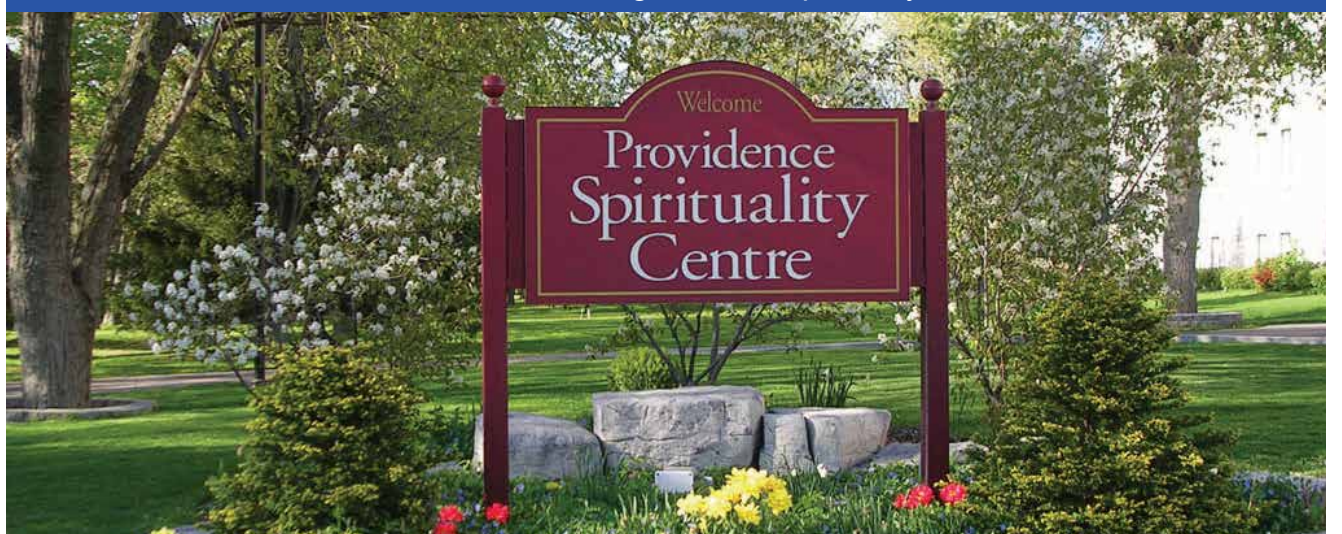
Dr. Alexandra Kovats, CSJP

"The Universe is the primary revelation of the divine, the primary scripture, the primary locus of divine-human communion." Thomas Berry
We live in an amazing universe. Our spirituality, our way of relating to Mystery, is relational. It involves all our relationships. There is a growing awareness among us that all life is interdependent. Mystics, past and present, as well as many scientists today, acknowledge this reality from their particular perspectives. During this "prayshop," we will explore the story of the universe based on insights from the new scientific evolutionary cosmology. Special attention will be given to the three cosmic principles of differentiation, subjectivity, and communion and their implications for living an awakened spiritual life.

Alexandra Kovats, csjp, holds a PhD in ecological spirituality from The Union Institute and University, Cincinnati and is well known in the United States and internationally as a teacher and lecturer on ecological and creation spirituality, spirituality and cosmology, eco-feminism, and religious life. Dr. Kovats is Adjunct Professor in the field of spirituality for the School of Theology and Ministry (STM) at Seattle University.

"Prayshop" (includes lunches) ** \$135
Accommodation + Thu supper add \$100
Call to pre-register with deposit a.s.a.p.
Full payment by Oct 9
Thu 7-9 PM, Fri 9-4 PM, Sat 9-4 PM

A time apart with the possibility of peace! Come, refresh yourself in silence and serenity.
You can pray, relax, write, read, paint, listen to tapes or simply enjoy the stillness.
\$10 includes lunch \$25 includes private dayroom.
Please call to register for a quiet day.



Our smoke and scent free Centre offers meeting rooms, accommodations and meals for group bookings
Providence Spirituality Centre Team: Lucy Bethel, SP,
Dolores Hall, Reinalda Kloosterman, SP, Ingrid Lacis
To register: Box 427, 1200 Princess Street, Kingston, ON K7L 4W4
Telephone: (613) 542-8826 Fax: (613) 542-3510 E-mail: info@psck.org

Liturgical guitarist workshop

By Sharon Buffett
and Mariola Gozdek

On May 30, the Liturgy Office of the Archdiocese of Kingston hosted a Liturgical Guitarist Workshop. Twenty-eight guitarists from across the Archdiocese and beyond gathered at Providence Spirituality Centre for a day of hands-on learning, playing, and community.

Our facilitators for the day were Greg DeSouza and Mike Gauthier—two talented and knowledgeable guitarists who are passionate about the guitar and Catholic Liturgy. Both have taught guitar at the Ontario Summer School for Liturgical Musicians in Hamilton.

Greg De Souza earned his Bachelor of Music degree from Queen's University in 1979, studying guitar with Eli Kassner. After teaching high school music for 19 years with the Dufferin-Peel School Board, he became a principal with the London District Catholic School Board. He retired in 2010. He plays in a small ensemble at the 7:30 a.m. Mass at St. George Parish, London.

Mike Gauthier has been playing guitar for almost 50 years—most of that time has been spent playing in church. During the tumultuous 70's when the church was in a constant state of flux, Mike was exposed to all kinds of "liturgical" music, and he has learned the difference between questionable music choices and good ones. Mike directs the 5:00 p.m. choir at St. Anne's Parish, Brampton, where he writes music to accompany many of the psalms, as well as original hymns the choir uses in liturgy.

The Skills Sessions

The morning session involved everyone in a large group, and the afternoon session was split into two separate groups—one led by Greg and the other by Mike. The wealth of information provided was outstanding. These two men know liturgy and they know guitar. They are passionate about enriching Mass by using a guitar as the accompanying instrument.



Photo by Sharon Buffett

We had a crash course on guitar and music theory. We discussed and practised basic hand positions and how to hold the guitar properly, as well as scales, the structure of triads in scales, and reading notes on first, second, and third strings. We talked about how to support congregational singing when you only have one guitarist—making introductions easier by use of an lead-in or picking out the melody line from the end of the verse, body language, use of bass lines, and how to break down a piece of music or psalm to learn it. We also discussed how the arrangement can assist the congregation's singing (through regis-

ter / silence / guitar voicing / dynamic range / harmonics / use of the capo). We learned how to best utilize multiple guitars in a single liturgy—by having each guitarist use a different style (i.e. strumming / finger-picking / lead / rhythm); alternate start times / introductions; playing in different registers, use of capo, and where the chord is played on the guitar neck, as well as the various techniques we can use when playing solo.

The workshop concluded with guitar-led evening prayer (with guitarists Greg DeSouza, Dave Komel, and Sharon Buffett).

The evaluations completed by the participants confirm that the liturgical guitarists of the Kingston Archdiocese are hungry for guidance and support. They expressed a need for further workshops and the opportunity to network with one another. Stay tuned.

We invite you to visit the Archdiocesan Liturgy website for more information on Liturgy workshops/ Liturgical Music: www.romancatholic.kingston.on.ca.



Photo by Sharon Buffett

National Evangelization Team Ministry in Kingston

By Jessica Hogan

Each year, the Archdiocese of Kingston hosts themed faith retreats with the National Evangelization Teams (NET) at parishes and schools. As testament to the impact they have had on young people, some youth in our Archdiocese have been called to serve on NET for a year. One of these teens, Jessica Hogan from St. John the Baptist Parish in Perth, will be on the NET team during the coming year. She has contributed her story to Journey.

Hello my brothers and sisters in Christ. My name is Jessica Hogan. I am 18 years old, and I am a parishioner at St. John the Baptist Parish in Perth, Ontario. I have grown up in a loving and practising Catholic family, with a younger brother, a golden retriever named Buddy, and my parents. I have a strong passion for sports, and have lived an active life, participating in competitive hockey and soccer. In grade 7/8, I became a participant at our trueLight Youth Group, and started

teaching children's liturgy. As I entered high school, my youth minister, Elaine Cavalier, asked me to start helping at the youth group every Wednesday night. From there, my faith journey continued, and led me to many events, such as: Journey to the Father Youth Conference, Journey to the Father Discipleship Week, Steubenville Toronto Youth Conferences, Steubenville LEAD Week, March for Life, the Archdiocese's Shine Like the Son Youth Conference, Guatemala Mission Trip, and many more events. I became more involved with parish youth events, and served as a youth rep for my Parish Pastoral Council and as the Northern Deanery youth rep for the Archdiocese of Kingston's Youth Ministry Commission. All of these events touched me in different ways and showed me different messages God was sending me. I can truly say I am filled with joy, strength, and true happiness now that I have found God.

I have finished my first year at McGill University in the biomedical biological life sci-

ence program. I enjoyed university, but I felt as if something was missing from my life, so I started spending more time in prayer, asking God what I am called to do. Not long after that, I started receiving messages and emails from countless people talking to me about NET (National Evangelization Teams) Ministries of Canada. My first reaction was to ignore these signs, as I knew it would be hard to leave university for a year, but then I finally clued in that NET is what God was calling me to do. I applied and was accepted to serve as a missionary with NET Ministries of Canada. NET Ministries is an international Catholic youth ministry organization, responding to the call for a new evangelization. NET is committed to challenging young Catholics to love Christ and embrace the life of the Church, by:

- Proclaiming the Gospel of Christ through a personal witness of faith;
- Inviting young people to live for Christ.
- Forming Christian character through the study and practise

of our faith.

- Equipping youth workers and young adults with ministry skills for evangelization.

Since I was accepted by NET, I have experienced more peace and happiness. It proved that God does have a plan, even when you cannot see it. I am so excited to be bringing youth closer to Christ, as God did in my life.

I often wonder where I would be if I had not gone to Mass that Sunday when Elaine asked me to help at youth group, or if I hadn't stepped out of my comfort zone. I know I would not be with NET next year, and I would not be writing this article. Growing up I was very shy, but once I realized our Lord's endless love for us and went a little out of my comfort zone, I became filled with happiness, joy, and strength. If you want to feel a stronger connection with our Lord, you have to make a move, step out of your comfort zone, and say "Yes" to Him. He is knocking at your door, holding His hand out, and inviting you to come with Him. There are so many

opportunities for us to do this in our parishes. It could be something as simple as finding 15 minutes in your busy day to read the Word of God.

If you are interested in spon-



Photo courtesy of Nadia Gundert
Jessica Hogan will be participating with the National Evangelization Teams (NET) for a year.

soring me as a missionary for NET, you can do so on the NET Canada Website. I will be keeping each of you in my prayers. I would also like to ask you to keep me in your prayers as I proclaim the Gospel to youth in Canada, so that I may be filled with the Holy Spirit to bring our youth closer to Our Lord.