

Updated August 30, 2021

STOP

Do not enter if you have:

- Fever
- Chills
- Cough (new or worsening)
- Shortness of breath
- Decrease or loss of taste or smell

For children (under 18 years of age):
nausea, vomiting, or diarrhea

For adults (over 18 years of age):
fatigue, lethargy, malaise, or myalgias

Do not enter if you:

- Have had close contact with a confirmed or probable case of COVID-19 in the last 10 days
- Have travelled outside of Canada in the last 14 days AND been advised to quarantine
- Have been told by public health or a health care provider to isolate at home

What to do:

Visit a COVID-19 Assessment Centre.
Visit hpePublicHealth.ca or call 613-966-5500 for locations.

hpePublicHealth.ca