

JOYFUL NOISE

Office of Family Ministries & Outreach Newsletter
Archdiocese of Kingston

March 2022



SOLEMENITIES, ST. PATRICK, LENT - OH MY!

We kick off Lent on March 2nd with Ash Wednesday. If you're anything like me, Lent tends to sneak up on you. Don't fret... there's still time to make your Lenten preparations! This newsletter contains a link to six simple family traditions you can incorporate into your own practices this year. If you still don't know where to start, Father Mike has some tips on how to prepare for Lent [here](#) and picking "a thing" for Lent [here](#).

March is also the month traditionally dedicated to St. Joseph, the husband of Mary. His solemnity is celebrated on March 19th. Before that, we have St. Patrick's Day on the 17th. Bishop Robert Barron gives us a wonderful reflection connecting the two holy men [here](#). We also have the Solemnity of the Annunciation on the 25th. Despite being in a season of penance, the Church still gives us lots of reasons to celebrate.

Finally, March is the final month for you to participate in the archdiocese's synodal process. [Click here](#) to participate and share your voice by the April 1st deadline. If you are curious on how you can engage non-practicing family members or other individuals on the peripheries, please contact me.

+JMJ+

Taylor

Lent starts March 2nd [Click here](#) for an Lent 101 infographic and [click here](#) for six simple Lenten traditions for your family. Find even more resources on the [archdiocesan Lent page](#).

Confused about Lenten Fasting? [Click here](#) for a infographic that summarizes fasting and abstinence requirements.

St. Patrick's Day is March 17th [Click here](#) for Be a Heart's 6 ideas for celebrating the feast day.

Solemnity of St Joseph is March 19th [Click here](#) for 5 simple ways to celebrate the solemnity.

Solemnity of the Annunciation is March 25th [Click here](#) for 6 simple ways to celebrate the solemnity.

Have a question or need support?
Want to share about your parish's ministry initiatives? Just want to chat?



LET'S STAY IN TOUCH

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