

Rideau Canal Men's Retreat, August 5-7, 2025
ACKNOWLEDGEMENT, RELEASE AND WAIVER FORM

Name of Event: Rideau Canal Men's Retreat, August 5-7, 2025

Primary Location of Event: Travel by canoe (or kayak) on the Rideau Canal from Seeley's Bay to McNally's Bay on the Upper Rideau Lake, with overnight tenting at Davis Locks on Tuesday, August 5 and on a lakeshore property along McNally's Bay overnight on Wednesday, August 6, and activities until the afternoon of Thursday, August 7.

In consideration of the opportunity to participate in the Rideau Canal Men's Retreat (hereinafter referred to as the "Event"), I _____, for myself, my heirs, personal representatives, estate, insurers, assigns, and if applicable, on behalf of those for whom I am the legal guardian, hereby irrevocably and unconditionally:

1. Represent and warrant that I am in good health and physical condition, and acknowledge and understand that participation in and attendance at the Event involves certain risks and dangers of accidents, serious personal and bodily injury, including death, and property loss or damage either specifically as a result of participation in the Event or generally in connection with my attendance at the Event and any transportation connected thereto. I understand, have considered and evaluated the nature, scope, and extent of the risks involved, and voluntarily and freely choose to assume these risks;
2. Fully and forever release, discharge and indemnify the organizers and participants (collectively, the "Released Parties") associated with the annual Rideau Canal Men's Retreat event, of and from any and all causes of action, lawsuits, losses, damages, injuries, howsoever occurring, whether by negligence or otherwise, (including death) claims, demands, sums, costs, expenses (including legal fees and disbursements), and any other liability of any kind, of or to me or any other person, directly or indirectly arising out of or in connection with my participation in and attendance at the Event, including, without limitation, transportation connected to the Event; the Archdiocese of Kingston, its parishes and personnel are to be held harmless;
3. Agree not to initiate any lawsuit, court action or other legal proceeding against the Released Parties, nor join or assist in the prosecution of any claim for money damages which anyone may have, on account of loss, damage, or injury sustained by me or others, howsoever occurring, whether by negligence or otherwise, in connection with the selection of, participation in and attendance at the Event or transportation connected thereto, and I waive any right I may have to do so. This means that I cannot take any steps to hold the Released Parties responsible for any loss, damage, or injury that I may experience related to the Event including, without limitation, any transportation connected to the Event;
4. Agree to indemnify and reimburse the Released Parties from and for any sums, costs, or expenses (including legal fees and disbursements) incurred or suffered by any of the Released Parties or paid by them to any person (including me or my insurers) in connection with any accident, loss, damage, injuries, howsoever occurring, whether by negligence or otherwise (including death), claims, demands, lawsuits, expenses and any other liability of any kind, sustained by me or others in connection

with my participation in the Event or transportation connected thereto. This means that I will reimburse the Released Parties if anyone makes a claim against them based on damages or injuries I suffer or cause;

5. Understand that the Released Parties do not provide any insurance, either life, medical or liability, for any illness, accident, injury, loss, or damage that may arise in connection with my participation in and attendance at the Event and any transportation connected thereto. If I want insurance of any kind, I must obtain my own. I will pay my own medical emergency expenses and all subsequent medical expenses in the event of any illness, accident, or injury in connection with the Event;

6. Acknowledge that if any portion of this Acknowledgement, Release and Waiver is held to be invalid or unenforceable, all other provisions shall nevertheless continue to be valid and enforceable. This Acknowledgement, Release and Waiver supersedes any oral or written statements made by or to me in connection with the Event and transportation connected thereto. I understand that I cannot terminate, cancel or revoke this Acknowledgement, Release and Waiver for any reason;

7. Agree that, in the event of a medical emergency, unless otherwise indicated by me, I hereby authorize and permit the Released Parties and Event personnel to administer first aid to me and to authorize such other medical treatment and transportation as may be recommended by physicians, paramedics and other medical personnel, in the event of any illness, accident or injury to me;

8. Agree that any photos or videos taken of myself during the Event can be shared with others by the organizers and participants of the Event.

9. Further agree that this document is governed by the laws of the Province of Ontario and operates to the benefit of the Released Parties as well as their administrators, successors and assigns, and is binding on me and my heirs, administrators, successors, assigns, insurers and estate.

I am not relying upon any oral or written representations or statements made by the Released Parties other than what is set forth in this Agreement. I understand that I have the opportunity to seek independent legal advice prior to entering into this agreement.

I HAVE READ THIS ACKNOWLEDGEMENT, RELEASE AND WAIVER FORM CAREFULLY. I FULLY UNDERSTAND ITS CONTENT, AND VOLUNTARILY AGREE TO ITS TERMS. BY SIGNING THIS ACKNOWLEDGEMENT, RELEASE AND WAIVER, I UNDERSTAND THAT I AM WAIVING CERTAIN LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE.

Signed this ____ day of _____, 2025, in _____, in the Province of Ontario.

Signature of Participant	Printed Name & Signature of Witness
If Participant is under 18 years of age:	
Printed Name & Signature of Father or Legal Guardian	for Printed Name of Participant
Printed Name & Signature of Witness of the Signature of Father or Legal Guardian	