

COMMUNICATOR FOR THE ROMAN CATHOLIC ARCHDIOCESE OF KINGSTON

EXPLORATION



COME AND SEE:

Deepen your faith, encounter Christ, and share your story during a special 200th anniversary speaker series and Mass.

FAITH IN ACTION:

Explore the rich history and lasting legacy of the three Founding Women's Religious Congregations in the Archdiocese of Kingston.

THE FRANCISCAN JUBILEE YEAR:

Honor the 800th anniversary of St. Francis' passing, discover the impact of the San Damiano Foundation, and answer the call to local mission.

HEART OF DEVOTION

Discover practical resources to deepen parish life and sustain Eucharistic Adoration at a special 200th anniversary workshop.



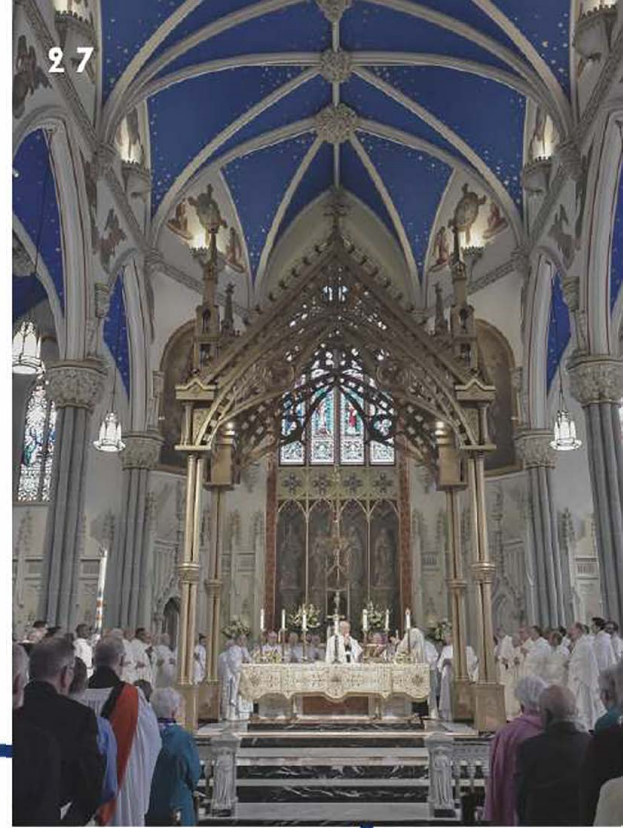
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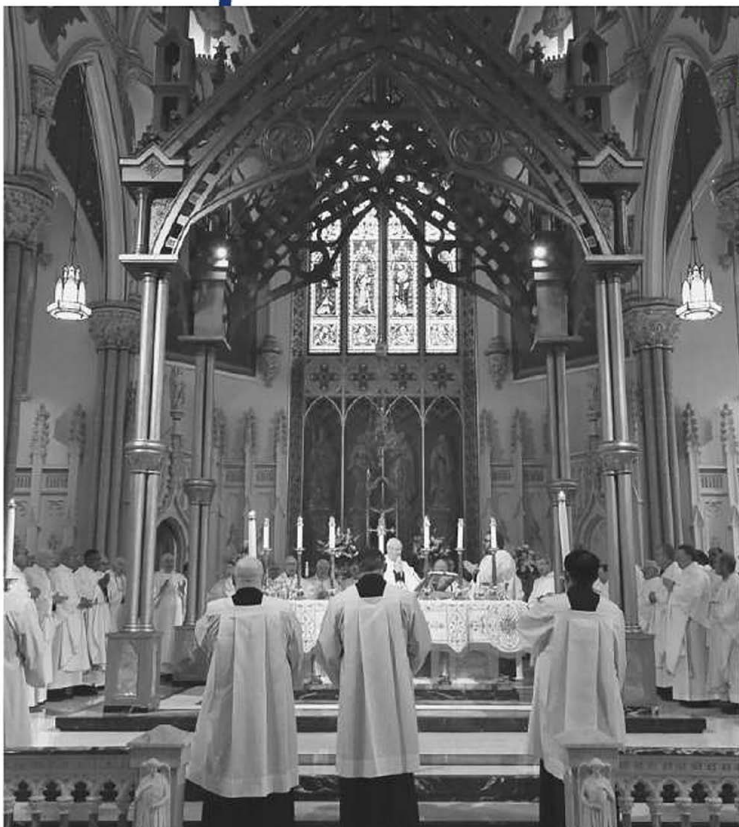
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Archbishop Mulhall's Message

My dear brothers and sisters in Christ,

Peace be with you! When Christ appeared to the Apostles and faithful after His resurrection, He came to bring peace and mercy that only He could give. He assured those who were worried and confused of His love and constant presence with them. We have the same assurances today, which is our great consolation in this world, thirsting for peace. The Holy Spirit guides the Church today as in those early days after Pentecost. Pope Leo has declared a Jubilee Year, January 10, 2026, to January 10, 2027, for the 8th Centenary of St. Francis' Transitus (death). St. Francis was a peacemaker and great reformer of the Church in his lifetime. The missionary zeal of the Franciscan order, founded by St. Francis, helped shape the early Church in Canada and has had a prolonged presence here in the Archdiocese of Kingston. In this issue of *Journey* you will read articles submitted by community members honouring and living out the Franciscan spirit. May the Holy Spirit renew in each of us our call to mission during this 200th anniversary year so that our parishes and communities may experience the fulfilment of truly living as the Body of Christ.

We are now more than halfway through our 200th anniversary year. Our celebration of Holy Mass on April 18th at the Cathedral of St. Mary of the Immaculate Conception was extremely joyful. We are so grateful that many were able to join us from near and far. Further details of the celebration and of upcoming anniversary events can be found within this issue of *Journey*. I encourage everyone to participate in the **"Come and See"** spiritual speaker series in August and to take advantage of the beautiful weather to visit one of the five pilgrimage churches of the archdiocese and complete the special 200th anniversary plenary indulgence (St. Michael, Belleville; St. John the Baptist, Perth; St. Joseph, Kingston; Cathedral of St. Mary of the Immaculate Conception, Kingston; St. Francis Xavier, Brockville).

As we cherish this season of warm breezes, sunshine, and lingering sunsets, may we encounter Our Lord in the beauty around us, in the hearts of those we meet, and may we truly come to know Him and the power of His resurrection. The peace of Christ be with you now and always.

+ *Michael Mulhall*
Archbishop of Kingston

SOLEMN CELEBRATION OF THE 200TH ANNIVERSARY OF THE ARCHDIOCESE OF KINGSTON

By : Karen Shannon
Photographer : Katrina Arbic

A Solemn Mass of Thanksgiving commemorating the 200th anniversary of the Archdiocese of Kingston was celebrated at the Cathedral of St. Mary of the Immaculate Conception at 10:30 a.m. on Saturday, April 18, 2026. This seminal celebration took place early in the Easter season with special guests, including Cardinals, Bishops, the Apostolic Nuncio, and elected officials who joined local clergy and laity in this historic celebration. A luncheon followed, and representatives of each parish of the Archdiocese received a specially commissioned icon, created for the anniversary year, to take back to their home parishes.



Archbishop Mulhall chose a phrase from St. Paul's Letter to the Philippians for the 200th anniversary theme: "To know Christ and the power of His Resurrection" (Phil 3:10), stating, "Let us embrace these words for ourselves during this anniversary. May our souls express and strengthen a desire to know Christ, to listen to His words in the Gospels, to receive in faith His precious body and blood in the Eucharist, and in our prayer grow into a deep personal relationship with the Risen Christ."

The Cathedral was filled with joyful participants for the Holy Mass and over 500 people attended the luncheon at Our Lady of Fatima parish hall. A beautifully crafted quilt commemorating the 200th anniversary was on display at this reception. A luncheon at the Marriott accommodated 125 guests, including Bishops, Cardinals, and Clergy.

The Archdiocese of Kingston launched a twelve-month program to mark the 200th anniversary on December 8, 2025, with a Holy Mass at the Cathedral of St. Mary of the Immaculate Conception. A year-long liturgy guide for parishes was created, animating the chosen theme; a special anniversary prayer was distributed to the faithful and is recited after every Holy Mass across the archdiocese; a summer speakers' forum open to everyone will take place in August for spiritual growth; and parish pilgrimages to historic churches throughout the archdiocese are taking place.

On September 12th, there will be a special celebration for the founding religious orders of the Archdiocese: the Sisters of Providence of St. Vincent de Paul, the Congregation of Notre Dame, and the Religious Hospitallers of St. Joseph. The anniversary year will conclude on December 8, 2026, the Solemnity of the Immaculate Conception of the Blessed Virgin Mary, the Patronal Feast of the Archdiocese of Kingston.

The St. Clare (of Assisi) Quilters of the Archdiocese of Kingston

BY ELIZABETH NEELY
PHOTOGRAPHER: COLLEN MACALISTER



Colleen Earle and Cathie Amodeo

The St. Clare (of Assisi) Quilters came about from a bequest made to Liz Neely, by Margaret McGrath, the mother of a good friend. Margaret bequeathed Liz several quilt tops ready to be quilted, a large amount of fabric and more.

Liz approached Ann Lyng and Father Shawn of St. Mary's Cathedral to create a quilting group that would complete some of Margaret's quilts and raffle them off in order to provide funds for ministries such as St. Rita's Drop-in Centre, Veronica's Veil Overnight Shelter, the Marian Donation Garden and the Winter Coat Drive. After an announcement in St. Mary's Cathedral's Flocknote, the first 'quilting bee' came to be. Ann Lyng provided a room with lots of light on the second floor of the Parish Hall where we meet weekly. Our multi-generational group includes a seamstress, three experienced quilters and three keen-to-learn quilters. The group has met weekly since October 2025 working diligently to complete two quilts and a wall hanging so far and have more projects in various stages of completion.



Ann Lyng visited our group on our second gathering and introduced the idea of creating a quilt for the 200th anniversary of the archdiocese. The group decided to go ahead with the anniversary quilt, and first focused on creating quilt blocks to represent the various churches, orders and ministries throughout the history of the archdiocese. Susan Overvelde, recently retired, came to the group with a wonderful vision of what such a quilt could look like.

Susan took the leadership role for this quilt and spent countless hours researching, organizing, phoning and emailing people to ensure that as many parishioners of the archdiocese as possible could participate in the creation of the quilt. Susan's father created the wonderful stand for the quilt, which will travel with the quilt. The completed anniversary quilt is as beautiful as we could have hoped. Each of the quilt blocks above the anniversary quote is of a church and its missions. Below the quote are quilt blocks representing the various ministries and religious orders in the Archdiocese. On the back of the quilt are: a timeline of the bishops and archbishops, a map of the archdiocese, as well as quilt blocks representing the ministries to which the quilting group plans to direct any funds raised.



A big thank you goes to the many quilters throughout the parishes who contributed their time, energy and expertise to create such beautiful quilting blocks representing their parish or a ministry. Each block is so unique. Many people have commented on the quilt's beauty. A parishioner told me she brought a friend, a master quilter, to see the quilt. The friend looked over each block with a keen eye and gave the entire quilt high praise. Thank you to Barb Delaney, who came to the quilting room to take photos of the quilt blocks and the quilt in its various stages. Barb produced a wonderful video which can be found on St. Mary's Cathedral YouTube channel.

Now that the anniversary quilt has been completed, the St. Clare Quilters are returning to their original purpose - that of fellowship and creating beautiful quilts to be raffled or sold. The door is always open to new members.



Pauline Scott, Elizabeth Neely, Annette deVette, Colleen Earle, Susan Overvelde and Maria Cimellaro

Come and see

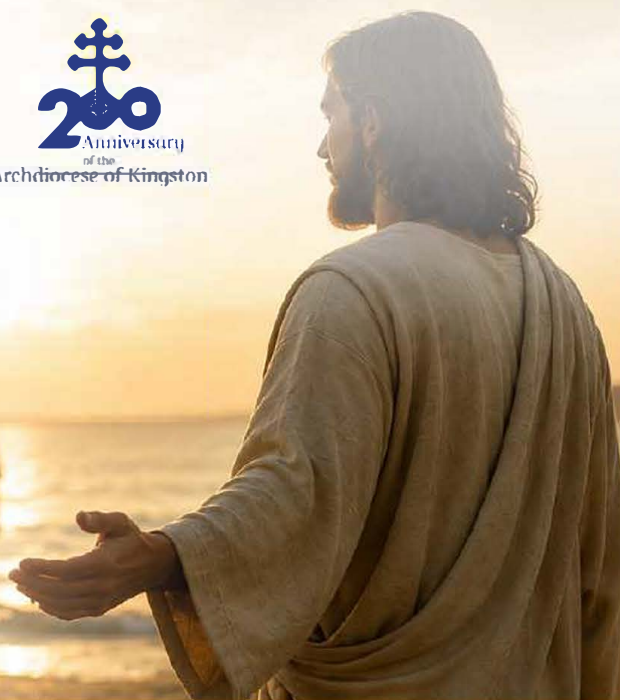
(John 1:39)

By Karen Shannon

Jesus invited his first followers to learn about Him by spending time with Him saying,
"Come and See" (John 1:39).

Today, we are also invited to grow in our relationship with Jesus in the same way. Just as the first disciples went out after meeting Jesus and spread the news that they had found the Messiah, we too are called to share our faith and love of Christ with others.

As part of the celebration of the 200th anniversary of the Archdiocese of Kingston, a special spiritual speakers' series has been planned for August 13 – 15 and all are welcome to come and see and spread the Good News.



THURSDAY, AUGUST 13
AT 7:00 P.M.



FRIDAY, AUGUST 14
AT 7:00 P.M.



SATURDAY, AUGUST 15
AT 10:30 P.M.



Lisa Canning

"When Trust Feels Impossible:
Learning to Rely on God When
Everything is Unstable for All"

• St. Michael the Archangel Church, Belleville



Kim Zember

"When I Finally Surrendered to God's
Radical Love"

• St. Joseph Church, Kingston



Fr Donald Haggerty

"Deeper Prayer and the Second
Conversion"

• St. Francis Xavier Church, Brockville



Fr Stephane Pouliot

"Overcoming by the Power of His
Resurrection"

• St. John the Baptist Church, Perth



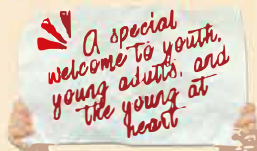
**Vespers will follow each talk at 7:45
then coffee/tea social at 8:00 pm.**



**His Eminence Cardinal
Frank Leo**

**to speak during Taizé prayer
liturgy**

📍 The Cathedral of St. Mary of the
Immaculate Conception, Kingston



**Solemnity of the
Assumption of the Blessed
Virgin Mary**

📍 The Cathedral of St. Mary of the
Immaculate Conception, Kingston

To know Christ and the power of His resurrection (Phil 3:10).

Testimonials



How have you come to know Christ and the power of His resurrection (Phil 3:10) in your life? When we share our faith with others we live our baptismal call to mission by proclaiming the Good News of Jesus' saving grace in our lives. You are invited to write a testimonial during this 200th anniversary year describing how you have come to know Christ and the power of His resurrection. **It can be as short as one or two paragraphs or as long as two pages.** All testimonies will be reviewed by a selection committee to be part of a 200th anniversary commemorative publication.



Please send your submission to
communications@archkingston.ca by August 30, 2026.

HISTORY OF THE THREE FOUNDING CONGREGATIONS OF THE ARCHDIOCESE OF KINGSTON

WOMEN'S RELIGIOUS ORDERS PROVIDING HEALTH CARE, EDUCATION, AND SOCIAL WORK SINCE 1841

By Rodney Carter and Veronica Stienburg



Notre Dame Convent, Kingston (1895)
(Queen's University Archives, Lloyd Shales fonds F2904)

In 1841, Bishop Remigius Gaulin of Kingston asked the Congregation of Notre Dame of Montreal (CND) to establish an academy for girls in Kingston. The first CND sisters arrived in November 1841 and opened a school known as Notre Dame Convent. The school and Sisters' residence were housed in temporary locations before moving to the former Bishop's House at the corner of Johnson and Bagot streets in 1846. This location served as a school until 1967 and as a residence for sisters until 1969. In 1967 the convent school closed and the two oldest teaching institutions in Kingston - Regiopolis and Notre Dame - merged to create Regiopolis-Notre Dame High School. The CNDs had a presence teaching at the new school until 1983. The CNDs also taught at several other Kingston schools until the 1980s.

The CNDs taught in other locations in the Archdiocese, including Brockville, Westport, Trenton, Morrisburg, and Carleton Place. The sisters were also very active in these communities and parishes.

In 1969, they moved to a new house on Wright Crescent. The sisters continued to be involved in Kingston's community life including prison ministry, serving in roles at the Diocesan Center, and being active in parish ministry.

The Religious Hospitallers of Saint Joseph: A Legacy of Compassionate Health Care

In 1841, when asking the CNDs to Kingston, Bishop Gaulin also requested that the Religious Hospitallers of Saint Joseph of Montreal (RHSJ) establish a hospital in Kingston. The RHSJs agreed but couldn't arrive until September of 1845, at which time they founded the Hotel Dieu Hospital in their charge.



Kingston RHSJs in the Hotel Dieu Hospital grounds (1938)
(RHSJ St. Joseph Region Archives)

The RHSJs began their new ministry in two houses on Brock Street, one for the hospital and the other for their monastery. The hospital expanded and, in 1892, it moved to the former Regiopolis College on Sydenham Street. Over the years, numerous additions and renovations were made and significant buildings were added to the hospital.

TIMELINE OF KEY DATES

1841 - CND Arrives – The Congregation of Notre Dame establishes Kingston's first Catholic school for girls, marking the beginning of women's religious ministries in the Archdiocese.

1845 - Hotel Dieu Founded – The Religious Hospitallers of Saint Joseph open Hotel Dieu Hospital, beginning Catholic health care in Kingston.

1861 - Sisters of Providence Founded – The Sisters of Providence of St. Vincent de Paul are established in Kingston to serve the poor, elderly, and vulnerable.

1967 - A New Era in Education – Notre Dame Convent School merges with Regiopolis to form Regiopolis-Notre Dame High School.

2012 - A Shared Legacy – The three founding congregations come together at Providence Village, symbolizing more than 170 years of shared ministry and service.

St. Joseph's School of Nursing was founded in 1912 at Hotel Dieu Hospital to ensure the availability of highly qualified nurses. The school remained in operation until 1973, with nearly 1,700 nurses graduating from the program.

In 1952, the RHSJ administration and the novitiate moved from the hospital to Mount Saint Joseph on Franklin Lake. In 1953, the administration became the Saint Joseph Province and moved to the newly built Saint Joseph Provincial House in Amherstview in 1957. Several RHSJs taught in schools in Amherstview and Bath. The RHSJs established the Partners in Mission Food Bank in June 1984, which has grown and expanded over the years to meet the ever growing needs of the community.

The Sisters of Providence: Serving the Most Vulnerable Through Education and Care

In 1861 Bishop Edward Horan of Kingston asked the Sisters of Providence in Montreal to establish a new religious congregation in Kingston to work directly with the vulnerable. In December 1861, four Sisters of Providence from Montreal arrived in Kingston founding what is now known as the Sisters of Providence of St. Vincent de Paul (SP) at the House of Providence, at the corner of Ordnance and Montreal Streets. The founding Sisters from Montreal left Kingston in 1866, leaving the new congregation under its own leadership.

The House of Providence in Kingston served as orphanage, home for the elderly, novitiate, and residence for Sisters, requiring several additions to be built over the next century. By the 1930s the House of Providence primarily served as a long-term care home and its name was changed to Providence Manor in 1970. In 2006 the SPs transferred sponsorship to Providence Care.



Sisters of Providence and CNDs at the House of Providence, Kingston (1961)
(Archives of the Sisters of Providence of St. Vincent de Paul)

The SPs began their continuous history of teaching in local Catholic schools in 1892. They started teaching first at St. John's School in Perth, and, over time, in many other schools in the Archdiocese including in Batawa, Belleville, Brockville, Chesterville, Gananoque, Kingston, Picton, Prescott, Smiths Falls, Trenton, and Tweed. Additionally, Sisters who were music teachers gave private piano, theory and voice lessons.

The SPs also operated several hospitals in the Archdiocese, including St. Vincent de Paul Hospital in Brockville, St. Francis de Sales General Hospital in Smiths Falls, and St. Mary's of the Lake Hospital.

In Kingston, the SPs built St. Mary's of the Lake as an orphanage in 1910 and Providence Motherhouse in 1932. Beginning in the 1970s, the SPs focused on new ventures in the Archdiocese including establishing group homes; engaging in spiritual direction, campus ministry, facilitation work, prison ministry, and pastoral ministry; and founding the Spirituality Centre, the Justice, Peace and Integrity of Creation (JPIC) office and the Heirloom Seed Sanctuary at Providence Motherhouse.



Sisters of Providence and CNDs at the House of Providence, Kingston (1961)
(Archives of the Sisters of Providence of St. Vincent de Paul)

A Shared Legacy of Service

In 2012 the CNDs sold their house on Wright Crescent and the RHSJS sold their Regional House in Amherstview and both moved into Heathfield (now Providence Village) to live with the SPs. For all three congregations, Kingston was the start of ministries of service that expanded to other locations in Canada and around the world.



Sisters of Providence of St. Vincent de Paul precursor group to Healing Violence Committee, Providence Motherhouse, Kingston (1994)
(Archives of the Sisters of Providence of St. Vincent de Paul)

Save
the Date

ONE BODY THREE FOUNDING ORDERS



CELEBRATING THE

Founding Religious Orders

A LEGACY OF FAITH - ENDURING GIFTS

Join us as we celebrate the Founding Religious Orders:
Religious Hospitallers of St. Joseph - Sisters of Providence of
St. Vincent de Paul - Congregation of Notre Dame,
in this 200th Anniversary year of the
Archdiocese of Kingston.

Saturday, September 12, 2026
Holy Mass at 10:30 A.M.

Chapel of Mary, Mother of Compassion
Providence Mother House
1200 Princess St., Kingston

**Celebrate this
milestone with us!**

Share a message, memory,
or best wishes for the
Founding Religious Orders
[**here**](#)

The FRANCISCAN JUBILEE YEAR

Commemorating the 800th Anniversary of the Death of St. Francis of Assisi

By Peter Rajchert

POPE LEO XIV has declared 2026 as the Franciscan Jubilee Year (it ends on January 10, 2027). This special period commemorates the 800th anniversary of the death of St. Francis of Assisi. Faithful people have an opportunity to receive a plenary indulgence during this time.

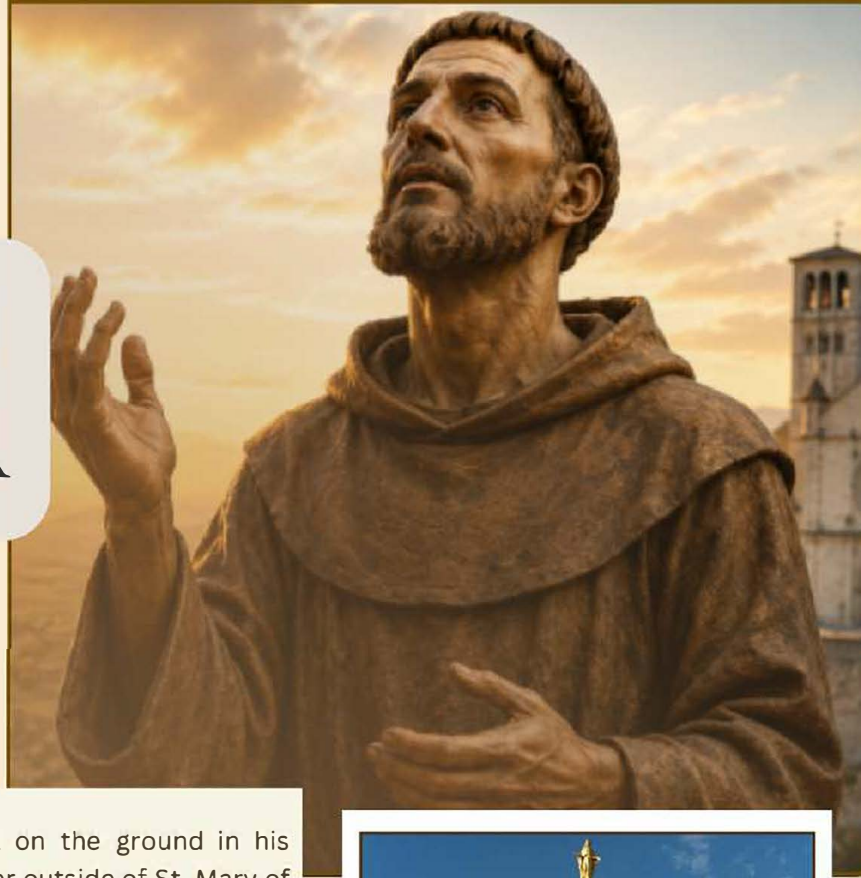
The Holy Father believes that the world today needs the Franciscan spirit. We live in an epoch of wars, economic uncertainty, and environmental degradation. St. Francis of Assisi also lived in a socioeconomically uncertain time. He understood, however, that when we have faith our lives take on hope and meaning. We then begin to appreciate creation and assume our role as its caretakers. We also begin to see the Lord in our fellow human beings. This prompts us to ignore our instincts for violence. Instead, we enter into dialogue even with people with whom we have disagreements. St. Francis of Assisi set a precedent for dialogue with an individual who saw the world differently than he did in 1219 in Egypt when he met Sultan Malik-el-Kamil to discuss peace. St. Francis of Assisi died on October 4, 1226 at around 44 years of age. The Franciscans Conventual refer to Francis' passing as the Transitus (the crossing in Latin).

As he lay ill on the ground in his wooden shelter outside of St. Mary of the Angels Chapel, his friars cared for him. They provided him with food and drink, read to him passages from the Bible, and sang psalms as well as the Canticle of Brother Sun. They noticed that despite his physical suffering, Francis was embracing death joyfully. Together the group experienced fraternity, a key Franciscan trait that endures today.

*"Lord, make me
an instrument of
Your peace"*

St. Francis of Assisi

St. Mary of the Angels Chapel, where Francis came to die, is a beautiful 4th-century church, now located inside the 16th-century Basilica of St. Mary of the Angels in Santa Maria degli Angeli. The Basilica is a small town in the Umbrian Valley located about 7 km from Assisi. In 1226, the chapel served as the Franciscans' mother house and was surrounded by a forest.



*Basilica of Saint Mary of the Angels,
Porziuncola (Assisi), Italy
Source: Basilica of St. Mary of the Angels website.*

The Benedictines had given St. Mary of the Angels to St. Francis not long after he founded his Order. Since the little church had been abandoned and in disrepair, Francis and his brothers restored it. Francis had actually begun to understand his vocation by repairing another chapel in Assisi. In 1205, while praying inside the dilapidated San Damiano Chapel, Jesus said the following to Francis from the cross: "Go repair my Church, which as you can see is in ruin." Francis understood this instruction literally and started rebuilding the chapel. Local men at first mocked him. Francis was the son of the richest merchant in Assisi and knew nothing about masonry.

This caused him to stumble. Francis admitted to the men that he was not a mason. He then invited them to join him in his effort. Francis' humility, simplicity and faith impressed the men. Slowly, while rebuilding San Damiano, and then St. Mary of the Angels Chapel, and another abandoned church, Francis realized that God wanted him to rebuild the Church in people's hearts. This was his calling in life.



Pope Leo's prayer

FOR THE JUBILEE YEAR OF THE 8TH CENTENARY OF ST. FRANCIS' TRANSITUS

Jan. 10th, 2026 - Jan. 10th, 2027

Saint Francis our brother, you who eight hundred years ago went to meet Sister Death as a man at peace, intercede for us before the Lord. You recognized true peace in the Crucifix of San Damiano, teach us to seek in Him the source of all reconciliation that breaks down every wall. You who, unarmed, crossed the lines of war and misunderstanding, give us the courage to build bridges where the world raises up boundaries. In this time afflicted by conflict and division, intercede for us so that we may become peacemakers: unarmed and disarming witnesses of the peace that comes from Christ.

(POPE LEO THE XIV for 8th Centenary of the Transitus of St. Francis)



SHARING OUR CARING

and our Charism
by supporting,
“The Ministries of
the San Damiano
Foundation”



By: Colleen MacAlister OFS
Photographer: Colleen MacAlister

Firstly, I would like to thank everyone for giving to the Archdiocesan Lenten Collection year after year. These funds represent the Gospel in action, and by your sharing and caring, you are supporting those who are helping others. You are gifting God's love. I know this firsthand, as The San Damiano Foundation was one of the Recipients of the Lenten Collection in 2025. THANK YOU all for making our dreams come true!

You may be wondering what the San Damiano Foundation (SDF) is. Founded in 1995, the SDF began with a clear inspiration: “Make a Foundation—the San Damiano Foundation.” Further inspired by St. Francis of Assisi, I envisioned a “place” where needs are recognized and met, and hearts are transformed. Our code of conduct is the Prayer of St. Francis, often called the Peace Prayer, and our approach is rooted in the definition of evangelization attributed to St. Francis of Assisi:

“To evangelize a person, understand, is to say to him, “You also are loved by the Lord.” And not only to say it to him but to truly think it. And not only to think it but to behave with this person in such a manner that he feels and discovers that there is in him something saved, something greater and nobler than he had thought! And so he awakens to a new awareness of himself. That is what it means to announce the Good News.”

Initially, our spaces were primarily for youth, as we began with youth events, camps, and retreats hosted at St. Francis House. In 1996, we opened our first Youth Centre in Madoc, followed by a second Youth Centre in Trenton in December 2002, and our third in Tweed in 2006. All of the original youth locations are still functioning today, but the work has evolved to help all ages and families. In the past 30 years, we have had an impact on thousands of lives! Today, we continue to serve our community as a Registered Charity, to provide safe “places” for a variety of good works. Currently, we are feeding and mentoring over 60 youth every school day in our Madoc location alone.



Scripture tells us: "in Him we live and move and have our being." (Acts 17:28). St. Francis of Assisi also proclaimed: "My God and my all." As the dreamer who was first inspired to "Make a Foundation - the San Damiano Foundation," I continue to give thanks to God for all He has done for and through the SDF. We are non-government funded and completely volunteer-run. The decades of work, while trusting in the Father's provision, is proof that He gives all of us everything. Truly, we are all part of His big scheme of things, even our own little schemes!

Is God Calling you?

In this special Franciscan Jubilee Year, I encourage you to pray about where the Lord may be calling you to contribute to His big scheme of things. To learn more about the Third Order of St. Francis, known as the Secular Franciscan Order, contact a Fraternity near you or go to the National Website:
www.ofscanada.ca

HOLY ROSARY OFS FRATERNITY

BELLEVILLE and area: Mary Olson OFS
613-969-6606

QUEEN OF PEACE OFS FRATERNITY

MADOC and area: Colleen MacAlister OFS
613-242-1125

If you feel drawn to the work of the SDF, we would be happy to encourage you and assist you in any way we can. "The harvest is plentiful, and the labourers are few." (Matthew 9:37)

We need more 'places' where people can be known and loved. If you would like to support our work OR start a work like this in your area, please contact me, Colleen MacAlister, OFS, by:
phone at 613-242-1125 or
email: colleenmacalister@yahoo.ca

God bless us all!

200th Anniversary Pilgrimages

in the Archdiocese of Kingston

Have you visited any of the five historic churches designated as pilgrimage churches in the Archdiocese of Kingston during this 200th Anniversary year?

Thank you to the organizers of Sacred Heart, Marmora, for sharing these great photos of their recent pilgrimage to all of the churches in the Western Deanery of the Archdiocese of Kingston.

They enjoyed their pilgrimage so much they are planning visits to all four deaneries!

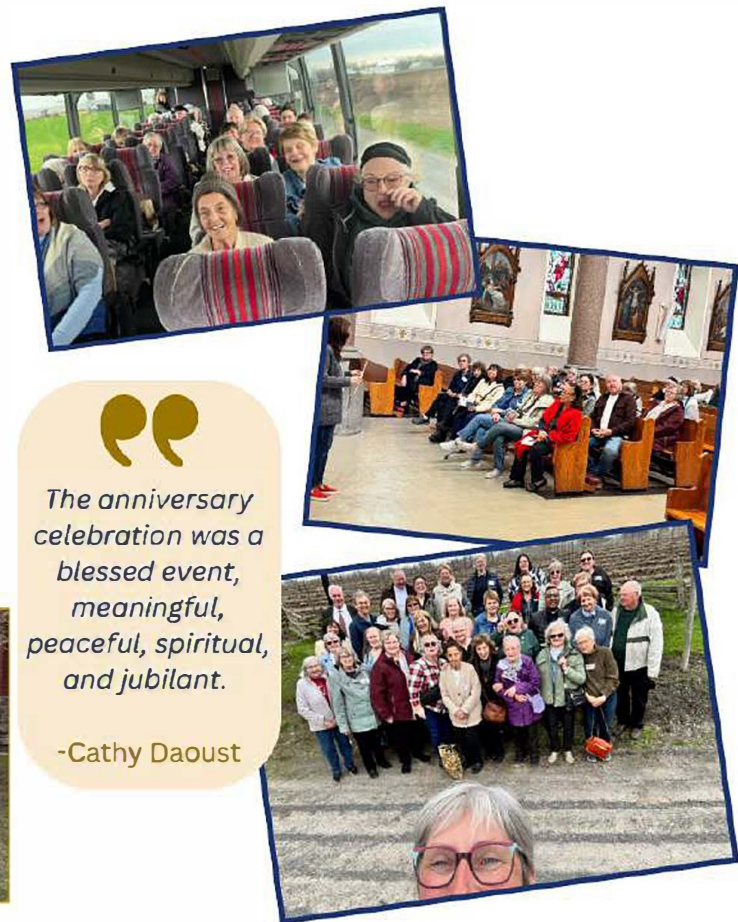
If you have pictures to share, we'd love to see them and celebrate your 200th anniversary pilgrimage.



Send them to Journey@archkingston.ca



Forty-six pilgrims from St. Mary's Parish, Carleton Place and St. Francis de Sales, Smiths Falls attended the 200th anniversary Mass at the cathedral.



The anniversary celebration was a blessed event, meaningful, peaceful, spiritual, and jubilant.

-Cathy Daoust

To Know Christ and the power of His resurrection *Icons*

Each parish and chapel within the Archdiocese of Kingston has now received their icon written to illustrate the theme of the 200th Anniversary,

"To know Christ and the power of His resurrection." (Phil 3:10).

These icons were produced locally and blessed by Archbishop Mulhall before being received by parish representatives after the April 18th Solemn Celebration of Holy Mass at the Cathedral of St. Mary of the Immaculate Conception.



We would love to know where you've chosen to place your icon within your parish. Since an icon is written as a visual representation of Scripture, please share your thoughts and inspirations after spending time in prayer with the icon in your parish.

Send comments to Journey@archkingston.ca

From Belleville to the Heart of the Archdiocese: *A Pilgrimage of Faith and Heritage*

On the Feast Day of St. John the Baptist, 22 pilgrims set out from Queen of the Most Holy Rosary, Belleville to embark upon a spiritual journey to the seat of the Archdiocese of Kingston, St. Mary's Cathedral. It was a beautiful day for the pilgrimage with much laughter and community bonding on the bus ride to the site. We arrived with plenty of time to explore the cathedral, St. James Chapel and the grounds around the edifices before celebrating Mass with Archbishop Michael Mulhall and our own dear shepherd, Father Dale Wright concelebrating with His Grace and Father Tim Shea.

It was not lost on the pilgrims, the significance of the Solemnity, where we reflected upon the marvelous task of John the Baptist to announce the coming of Jesus. We, as pilgrims of the 21st century, take up the challenge to bring Jesus, the Good News out into the world. With joy filled hearts, we concluded the Mass and were guided through a tour of the cathedral by Angela. She has a deep passion for the church and knowledgeably transmitted the history as well as answered our many questions about the newly renovated building. Some of the highlights included the up close view of the Ciborium Magnum and the Pieta, both of which draw our hearts, minds and souls to the beauty of God's holy place. Many of the pilgrims were in awe of the splendor of the ceiling holding the stars, reminding us of the past and projecting us to our future Home.

Angela's guided tour also took us to the magnificent 2798 piped organ and upwards to the base of the bell tower where we could only imagine the gloriously named bell, John de Brebeuf. Whenever we hear the bell ringing, we will pray for the intercession of this holy Canadian Martyr. Our tour concluded with a visit to the crypt where we heard the stories of many founding bishops who were buried, but one story touched our hearts as we heard of the housekeeper, who was beautifully laid to rest, a humble servant with the most ornate headstone. It reminded us once again of our own mission, coming from the Franciscan founded parish of Holy Rosary, to humbly and compassionately bring the gospel to others.

Ruth Terry



My Brothers & Sisters in Christ:

As we celebrate the 200th anniversary of our Archdiocese, we have been blessed with many opportunities to mark this important milestone. Among them has been the chance to visit other parishes, whether within our deanery or throughout the Archdiocese, deepening our appreciation for the rich history and vibrant faith of our local Church.

Of all these experiences, however, one will remain with me forever: our parish's visit to St. Mary's Cathedral. As Ruth Terry has witnessed to, our visit on the Nativity of St. John the Baptist was a special one. St. Mary's is our mother church and really does represent the history of our Archdiocese that we should be very thankful for.

I would like to thank Fr. Shawn Hughes for such a warm welcome as well as Archbishop Michael Mulhall for celebrating the Mass that day. I would also like to thank Angela who was our tour guide and showed us through St. Mary's along with explaining the history of the Cathedral in the context of the history of the archdiocese.

I would like to encourage other parishes and their priests to visit St. Mary's as part of this year of celebration. I would say this visit is one that our Lord through Our Lady's intercession will abundantly bless.

Fr. Dale

EVENTS

Archdiocese of Kingston

When I Finally Surrendered to God's Radical Love



Kim Zember speaks internationally about leaving behind so much of her old life for the greater love and freedom she found in Jesus. She shares about the continued restoration, peace and fulfillment she finds in Him and how to help others find the same. When Kim is not at home in Dallas, TX, she is most likely found at her mission base in Ethiopia surrounded by all her children in her ministry, Unforgotten Faces.

KIM ZEMBER

Come hear Kim share her personal journey of surrendering to God's will and the way it changed her entire life!



7:00 p.m. on Thursday, August 13, 2026
Vespers immediately following
St. Joseph's Catholic Church
Kingston, ON



When Trust Feels Impossible: Learning to Rely on God When Everything Is Unstable For all



Lisa is a Catholic speaker, author, & coach who helps people discover the freedom that comes when we surrender our lives and ambitions to God. She began her career as an interior designer on HGTV, and has since shared her message of faith and purpose on stages across North America. Her work has been featured on The Today Show, Fox and Friends, EWTN, Hallow, and Formed. A wife & mother of eleven, Lisa brings an authentic witness to balancing faith, family, and ambition with trust in God's providence.

LISA CANNING



7:00 p.m. on Thursday, August 13, 2026
Vespers immediately following
St. Michael the Archangel
Belleville, ON



Overcoming by the Power of His Resurrection



Father Stéphane was born on June 3, 1974 and was ordained to the Catholic priesthood in 2003. He is currently the pastor of St. Mary's Church in Carleton Place where he serves since August 2022. He is the spiritual advisor to the Diocesan Executive of the Catholic Women's League since his appointment in May 2022. Father Stéphane is passionate about introducing others to Jesus and motivating others to bring Jesus to every person they encounter.

FR. STÉPHANE POULIOT



7:00 p.m. on Thursday, August 13, 2026
Vespers immediately following
St. John the Baptist
Perth, ON



Deeper Prayer and the Second Conversion



Fr. Donald Haggerty, a priest of the Archdiocese of New York, serves at St. Patrick's Cathedral. He taught moral theology and worked as a spiritual director in seminaries for twenty years, and has directed many retreats worldwide for the Missionaries of Charity. He is the author of numerous books on spirituality, including *The Contemplative Hunger*, *Conversion*, *Contemplative Enigmas*, and *Saint John of the Cross: Master of Contemplation*.

FR. DONALD HAGGERTY



7:00 p.m. on Thursday, August 13, 2026
Vespers immediately following
St. Francis Xavier
Brockville, ON



Eucharistic Adoration Workshop

August 15, 2026

By Karen Shannon

Eucharistic Adoration resides at the very heart of knowing Christ and the power of His resurrection (Phil 3:10). Promoting and sustaining Eucharistic Adoration in all parishes of the Archdiocese of Kingston continues to be a means for the outpouring of grace and spiritual renewal.

To support the growth of this blessed devotion in all parishes, the Archdiocese of Kingston is sponsoring a workshop for laity and interested clergy from all parishes who are involved in supporting Eucharistic Adoration in their parishes or are interested in learning more about promoting and sustaining Eucharistic Adoration. Participants will receive resources and information to assist with increasing this devotion in their parishes, regardless of the size of their community.

The workshop, facilitated by members of the National Apostolate for Eucharistic Adoration, will be held at **St. Joseph's parish hall in Kingston, Saturday, August 15th from 12:30 p.m. to 3:00 p.m. (including lunch).**



Those who spend time in Eucharistic Adoration know the profound peace that only He can give. As we take time to thank and praise God for the multitude of graces we've received individually and as faith communities in this 200th anniversary year, let's remember the words of Archbishop Mulhall, "...our task in 2026 will be to deepen our knowledge and love of Christ. This invitation is open to each of the baptized, an invitation to deepen our personal

relationship with the Risen Christ... We rejoice that Jesus is a living reality in the Church and our lives. He desires that each soul He has created comes to know him and live in intimate communion with Him, like the vine and branches of St. John's Gospel." To one day have perpetual Eucharistic Adoration in all deaneries of the archdiocese would be a beautiful aspiration, but may only be achieved through the unity of our parish communities working together, sharing a great love of Our Lord present in the Blessed Sacrament.



Join us



Saturday, August 15th



From 12:30 p.m. to 3:00 p.m.



**St. Joseph's parish hall,
Kingston**

Lunch included



For more information, please contact officearchbishop@archkington.ca.

17TH ANNUAL *Women's* FALL RETREAT

*"To know Christ and the power
of His resurrection"* (Phil 3:10)

SAT | 24 | 2026
OCT

ST. MICHAEL CATHOLIC HIGH SCHOOL
KEMPTVILLE, ONTARIO
9:00AM - 3:30PM
REGISTRATION FEE:\$50

KEYNOTE SPEAKER:MELANIE RABISHAW

Melanie Rabishaw is an author and speaker from Stirling, Ontario, where she lives with her husband, Harvey. Recently retired from a long career as a professor, she now shares messages of faith, healing and hope. With over 20 years of experience in faith-based ministry, Melanie has led Alpha, Bible studies and youth retreats, and has served with the St. Andrew School of Evangelization since 2011. She also volunteers with Project Rachel, supporting women on their journey toward healing following abortion. She is the author of *I Did Then What I Knew How to Do...*, a powerful testimony of faith, forgiveness and redemption, and continues to share her message across Ontario.



FOR MORE INFORMATION AND TO REGISTER:

www.romancatholic.kingston.on.ca/womens-fall-retreat



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